



Program & Alumni News

Counseling Psychology Doctoral Program

THE DIRECTOR'S REPORT

Louisiana Tech University

Counseling Psychology
Doctoral Program

Core Faculty

Donna Thomas, PhD

Walt Buboltz, PhD

Mary Ann Goodwyn, PhD

Sally Thigpen, PhD

Tony Young, PhD

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Greetings and welcome to the inaugural edition of the newsletter for the Louisiana Tech University Counseling Psychology Ph.D. program! I hope that, as an alumnus or current student, you will appreciate the opportunity to catch up on news about each other and the program. Now in our 13th year, we continue to strive for excellence in clinical training, research, leadership, and service.

In our most important news, the American Psychological Association recently recognized the students' and faculty's hard work by reaccrediting the program through 2010. Additionally, the recent APPIC match resulted in the placement of four of six intern applicants at APA-accredited sites. With more than 700 applicants unmatched nationwide, this is impressive!

In February, we conducted our annual applicant interview day, a new tradition that gives potential students an opportunity to see us "up close and personal" while affording the faculty the opportunity to better assess applicants and make the best decisions for our students and program. We recently accepted six applicants to comprise the 2008 cohort. Congratulations and welcome to our newest students.

On a personal note, we bid farewell to our respected colleague, Dr. Sally Thigpen. She retired at the end of the spring quarter after serving as a core faculty member in the Counseling Psychology program for seven years, during which time she has served as the Director of the Psychological Services Clinic. Her oversight included the recent upgrade from the Woodard Hall clinic to the new facility at the Enterprise Center. Thank you, Sally, and we will miss you!

Dr. Tony Young has agreed to step in and take over the duties as Clinic Director and, as you will see later in the newsletter, he has his hands full. Good luck Tony!

I hope our current students and alumni will contact us regularly with updates regarding careers, honors and recognition, family, and life in general! Our hope is that the next edition of this newsletter will include much more about the careers and lives of our alumni. My door is (almost) always open. I welcome your comments.

Donna Thomas

Assistant Professor and Director of Training



Gina Gibson-Beverly, PhD Neuropsychology Post-Doctoral Fellow



I had never heard of the field of neuropsychology before attending Tech. After learning more about it, I knew that this was what I wanted to “be when I grew up.” Getting there from a

Counseling Psychology program posed some challenges. However, I dedicated myself to getting any training that I could to be competitive in neuropsychology. I enrolled in workshops, volunteered for research, attended conferences, and facilitated a practicum placement in neuropsychology. I took every available opportunity to further my training in this area.

In 2006-2007, I completed my internship at the Gulf Coast Veterans Healthcare System in Biloxi, MS. Soon after, I obtained an APA accredited two-year neuropsychology fellowship at the James A. Haley VA (JAHVA) in Tampa, FL.



I feel that my education and training at Tech was a great foundation for neuropsychology. Emotional/psychological functioning must always be considered when examining cognitive status. The comorbidity of psychological and neurological disorders requires an extensive knowledge of both psychology and neurological functioning. Being well-prepared as a psychologist prior to receiving specialized training is absolutely essential.

Mary Ann Goodwyn, PhD Associate Professor

Dr. Mary Ann Goodwyn, the most recent addition to the program’s core faculty, is no stranger to Tech or Ruston. Whereas her family has lived in Ruston through six generations, and several of her family members have graduated from Tech, Dr. Goodwyn left Ruston to get a different perspective. She received a B.A. in psychology from the University of North Carolina and a M.S. in experimental psychology from Northeast Louisiana University (now ULM). After twelve years working as an instructor, researcher, and mental health specialist in North Carolina, Colorado, and Oregon, respectively, Dr. Goodwyn returned to school to pursue a Ph.D. in Child Clinical Psychology at the University of Washington in Seattle.



After earning her Ph.D., Dr. Goodwyn returned to northern Louisiana and began teaching at the University of Louisiana at Monroe. In 2002, Dr. Goodwyn earned a postdoctoral M.S. in psychopharmacology from the California School of Professional Psychology. In 2006, Dr. Goodwyn came to teach at Tech. She has prepared and taught five doctoral level classes and two undergraduate classes in the two years since she began at Tech. She also carries a clinical supervision load with doctoral students in the program and conducts research at the Research Institute on Blindness at Tech.

You Can Help!

The Psychological Services Clinic is supported, in part, through gifts to the Psychology Fund through the Louisiana Tech Foundation.

For more information about how you can give designated gifts to benefit the Counseling Psychology doctoral program at Tech, visit <http://www.LaTechAlumni.org>.



Psychological Services Clinic

Tony Young, PhD
Clinic Director



We in the PSC are looking forward to an exciting and busy year. Our new group of student clinicians has “hit the ground running,” as we say. They have taken over therapy cases from our third year class and are working on new assessments. Diana Cabrera is learning the job of our able student director Amanda Campbell and will take over that role in the fall. Dr. Young has taken over as the clinic director.

We are working on a variety of improvements for the clinic. Several physical changes are underway. We upgraded our computers and are installing a secure server for our records. We added an additional phone line for more private conversations for our clinicians. In addition, we are looking into purchasing a new digital video system which will include a centralized DV recorder. We worked with the construction crew at the physical plant on a plan and have gotten the permission from our administration to do the construction. The construction plans are now under review with the fire marshal and we hope that construction will begin by mid-summer. We have just begun working with the Third Judicial District drug court. This will provide student clinicians with increased opportunities to work with individuals, families, and groups.



Amanda Campbell
Graduate Student Director

I am pleased that I have had the opportunity to be the Assistant Director of the Louisiana Tech University Psychological Services Clinic (PSC) since the Fall quarter of 2006. Over the past two years, the clinic has seen many exciting changes and developments and there are even more are being planned for the future.



In the Fall of 2006, the PSC moved from a quiet hallway in Woodard Hall to a corner section of Louisiana Tech's Enterprise Center, located just off campus on a main avenue through Ruston. Since this move, the PSC has seen an increase in number of clients served and we hope this trend will continue.

For the future, we are currently working on upgrades including the construction of a room for group therapy and therapy for larger families. I think of the PSC as being in the midst of its adolescence. It is still working on standing independently, but many exciting changes are taking place and the future is hopeful.



Alumni Notes

Franklin Brown



Franklin (1996 Cohort) recently moved from Connecticut to New Hampshire, where he has begun a rewarding private practice. He continues to work 1 - 2 days per week in Connecticut as part-time interim director of Yale's neuropsychology service. Franklin married in July, 2006.

Cheryl Marsiglia

Cheryl (1998 cohort) announces the opening of her clinic, the Autism Diagnostic Center and Psychological Services. The clinic is located at 2920 Knight St; Ste 130, Shreveport, LA 71105. She reports "business is hopping and I love it."

Jennifer Montgomery

Jennifer (2001 cohort) completed her postdoctoral training in the Houston Independent School District. She continues to work there as an advanced postdoctoral resident and as the



internship coordinator. Her work focuses mainly on crisis intervention (suicidal assessments, threats against others, and death notifications). She's been busy with her daughter Amaya, who is now 14 months old.

Susan Frank

Susan (1997 cohort) reports that she works at Counseling and Forensic Services, Inc. in Woodbridge Virginia. She is a Certified Sex Offender Treatment Provider and will take the licensing exam on August 4, 2008. She also is expecting a son on September 17.

Scott Meche

Scott (1996 cohort) is a licensed psychologist working in the Baton Rouge area, and he currently serves as SIS/LA PLUS Project Director for the Department of Health and Hospitals Office for Citizens with Developmental Disabilities. In addition, Scott is an adjunct faculty member at Louisiana State University teaching both developmental/life-span and counseling psychology.

Monique Matherne



Monique (1998 cohort) completed her postdoctoral training in a private practice in Shreveport, LA. Being the southern woman she is, she returned to her roots in New Orleans, LA.

She is currently providing therapy and psychological testing in a practice in Metairie, LA. True to her nature, Monique is still extremely close to her family and friends, and she leads an active social life in the community.

Julie Wood

Julie (1999 cohort) is a Forensic Psychologist currently practicing at South West Arkansas Counseling and Mental Health Center, Inc. She also has a private practice 2 days per week and is an adjunct professor at Texas A&M University. She has a son, Nathan, who will be 3 years old this summer.

Donna Thomas

Donna (1998 cohort) will soon begin her 4th year as an Assistant Professor at Louisiana Tech University. She proudly reports she has 9-month-old granddaughters, Gracy and Kennedy.



Research Spotlight



In keeping with our mission of providing a scientist/practitioner balance to our training, faculty and students have had a very productive year. Counseling psychology core faculty and the students in the program participated in producing twenty-eight national conference presentations and eight journal publications.

Walter Buboltz, PhD

Associate Professor



I am currently working on several research projects with several doctoral students. First, I am continuing to explore the impact of sleep quality/length on eating habits and weight gain. Theresa Faes and I are working on a project in which we are examining the relationship between sleep quality and caloric and fat intake over a seven day period. Additionally, I am working on a project with two of our first year students, Rebecca Hoffmann and Barbara Calvert, that examines the relationship between sleep quality and habits and health status of college students. This project was presented at the annual convention of the American Psychological Society. Together, these research projects have led to the submission of a grant to NIH for approximately \$200,000.

Also, we are conducting research on ranking Psychology Departments in terms of research productivity which also involves the assistance of Barbara Calvert and Rebecca Hoffmann. I also continue to conduct research in the areas of psychological reactance and adult career development.

Recent Program Publications

- Abramowitz, J., Nelson, C., Rygwall, R., & Khandker, M. (2007). The cognitive mediation of obsessive compulsive symptoms: A longitudinal study. *Journal of Anxiety Disorders*, 21, 91-104.
- Brown, F. C., Roth, R. M., Saykin, A. J., & Gibson-Beverly, G. (2007). A new measure of visual location learning and memory: Development and psychometric properties for the Brown Location Test (BLT). *The Clinical Neuropsychologist*, 21, 811-825.
- Loveland, J., Lounsbury, J., Buboltz, W. (2007). The validity of Trait Physical Aggression in Predicting Adolescent Academic Performance. *British Journal of Higher Education*, 77, 167-176.
- Marsiglia, C., Walczyk, J., Buboltz, W., & Griffith-Ross, D. (2006). Impact of parenting styles and locus of control on emerging adults' psychosocial success. *Journal of Education and Human Development*, 1, 1-11.
- Rutland, J. B., Sheets, T., & Young, T. (2007). Development of a scale to measure problem use of short message service: The SMS Problem Use Diagnostic Questionnaire. *CyberPsychology & Behavior*, 10(6), 841-843.
- Schwartz, J.P., Lindley, L., Buboltz, W. (2007). Adult Attachment Orientations: Relation to Affiliation Motivation. *Counselling Psychology Quarterly*, 253-265.
- Smart, B, Buboltz, W., Soper, B, & Campbell, A. (2007). Masculinity/femininity and automotive behaviors: Emerging knowledge for entrepreneurs. *Journal of Business and Public Affairs*, 1, 1-12.
- Woller, K., Buboltz, W., & Loveland, J. (2007). Psychological reactance: Examination across age, ethnicity, and gender. *The American Journal of Psychology*, 120, 15-24.

The Last Word



Meet the 2007 Cohort!



From Left:

Becky Hoffmann, Minnesota State University at Mankato

Ashley Carroll, Louisiana State University

Eric Robbins, Stephen F. Austin University

Caitlin Singletary, Davidson College

Reese Mayer, Penn State University

Barbara Calvert, Smith College

Byron Simoneaux, Northwestern State University

Future Faculty



The Counseling Psychology Doctoral Program welcomes Eric Deemer as an Assistant Professor beginning Fall 2008. Eric's training in Counseling Psychology is from the State University of New York-Albany. He currently is finishing his internship at the Counseling Center of the College of William and Mary in Williamsburg, VA.

Congratulations to our recently placed interns!

Annese Baum, Mississippi State Hospital

Amanda Campbell, Ohio State University

Stephanie Ellis, University of Florida

Birgit Smart, Gulf Coast Veterans Healthcare System

