ANNUAL REPORT

2009/10

LOUISIANA TECH UNIVERSITY

RECREATIONAL SERVICES
MISSION STATEMENT

The mission of the recreational sports is to enhance students’ fitness and wellness, knowledge, personal skills, and enjoyment by providing:

- Opportunities for a variety of activities that may contribute to individual physical fitness and wellness;
- Opportunities for cooperative and competitive play in scheduled games with official supervision,
- A medium through which students can learn and practice leadership, sportsmanship, management, program planning and interpersonal skills;
- Access to quality facilities, equipment and programs;
- Opportunities for students to expand and broaden their intellectual and recreational activities provided through trips outside the university environment.

ORGANIZATION & MANAGEMENT

ROBERT D. DOWLING

Titles

- Director of Natatorium 4 Years
- Director of Golf Course and Natatorium 3 Years
- Assistant Director of Recreation 14 Years
- Director of Recreation 5 years

Education

- Bachelor of Science, Health and Physical Education, Louisiana Tech University (1981)
- Master of Science, Education, Louisiana Tech University (1991)

Additional Training

- Certified Pool Operator conference in Denver
- CO for the National-Intramural Recreational Sports Association
- Sports Club conference in San Antonio, TX for the National-Recreation Sports Association
- LACUSPA Conference, statewide conference of student affairs personnel; held in Monroe NIRSA conference.

Professional Affiliations

- Louisiana Association of College and University Personnel Administrators
  - 1990 - Present
- National Intramural-Recreational Sports Association
  - 1990 - Present
- Louisiana College Intramural-Recreation Sports Association
  - 1986 – Present
CHAD B. SPRUELL

Titles
• Coordinator of Fitness/Wellness 5 years

Education
• Bachelor of Science - Health Science - University of Louisiana at Monroe (1999)

Professional Training:
• Biomechanics of Weight Training, The Cooper Institute
• Professional Fitness Trainer, The Cooper Institute
• CPR/First Aid, American Heart Association, National Academy of Sports Medicine
• Brunswick Bowling Certification

Professional Affiliations:
• National Intramural-Recreational Sports Association
  o 2004 - Present

PAULETTE CRAWFORD

Titles
• Coordinator of Aquatics and Recreational Services 3 years

Education
• Bachelor of Science – Physical Education – Mankato State University (1993)
• Master of Science – Physical Education - Exercise and Sports Science (2007)

Professional Training:
• American Red Cross certified Lifeguard
  o 1985 – Present
• American Red Cross certified First-Aid and CPR
  o 1985 - Present
• Registered USA Swimming Coach
  o 1993 – Present
• American Red Cross Lifeguard and WSI Instructor
  o 2007 - Present
• Certified Pool Operator
  o 2008 - Present
• Louisiana High School Athletic Association Certified Coach
  o 2009 - Present

Professional Affiliations:
• National Intramural-Recreational Sports Association
• 2007 – Present
• American Swim Coaches Association
• 2008 - Present
EMILY Z. ESSEX

Titles
- Coordinator of Intramurals and Club Sports 3 years

Education
- Bachelor of Science – Physical Education/Recreation – University of Louisiana at Monroe (2001)

Professional Training
- CPR/First Aid, American Heart Association
- Brunswick Bowling Certification

Professional Affiliations:
- National Intramural-Recreational Sports Association
  - 2007 - Present

Facilities

Lambright Sports Center
The Lambright Sports Center is a 101,300 square foot facility with 6 gymnasiums, 5 racquetball courts, six lane bowling center, aerobic room, spin room, wellness center, steam and sauna room. The building is equipped with 52 personal cardio machines with personal television viewing and power lift stations. We can accommodate basketball, volleyball, racquetball, weightlifting, indoor soccer, badminton, bowling, and all types of group exercise. We experienced approximately 160,200 users this past year.

M.S. Carroll Pool
The M. S. Carroll Pool is a 50 meter lap swimming pool for the recreational use of our students and members. It includes a sun deck for sun bathing and areas for recreational play. It is an indoor facility that is operated year round.

Golf Course
The golf course is a 9-hole 2,700 yard course that is available for year round use. Additional green fees and cart fees are paid to use the facility.

Intramurals
We saw 3459 students participate in intramurals this year. A list of intramural sports and their description is as follows:

Flag Football
- 7-man/women football, using an 80-yard by 40-yard field
- Game consists of two - 20 minute halves.
Basketball
• Two leagues - 6' and under and open league
• Regulation court used with two - 15 minute halves

Softball
• Slow pitch softball with 10 players played on a regulation slow pitch field

Volleyball
• Played on regulation courts in Lambright Sports Center

Soccer
• Played on a regulation field with international rules

5 on 5 Flag Football
• Played on a 50 X 40 yard field using modified rules
• This was the first year it was offered.

Minor Sports Tournaments
Horseshoe Singles, Horseshoe Doubles, Fall Basketball honors league, Badminton Singles, Badminton Doubles, Hot Shot, Basketball Free Throws, Table Tennis Singles, Table Tennis Doubles, Bowling, Racquetball Singles, Racquetball Doubles, Pool Singles, Pool Doubles, Soccer, Golf, Tennis Singles, Tennis Doubles, 3 on 3 basketball, disk golf and ultimate Frisbee, Dodge Ball, US Racquetball Sanctioned tournament, X-Box, Cannonball Challenge, and Home Run Derby.

Sports Clubs
The sports club program has 13 active recognized sports clubs. Our sports club program is a matching funds program. Each participant must be an active member of a recognized club on campus. The clubs then qualify for participation in the sports club program. No scholarships are allowed and each member of the club pays dues. These dues and any fundraisers are matched dollar for dollar. These clubs then travel to other universities to compete. We provide organizational help such as hotel accommodations and travel along with the matching funds. The following is a list of the active Sports Clubs we have for the 2009- 2010 year:

Men’s Rugby Wrestling
Women’s Rugby Cricket
Powerlifting Karate
Flight/Aviation Ultimate Frisbee
Water Ski Wakeboard
Group Exercise
We offer a host of group exercise classes in our aerobic room.

Summer Programs
Our facilities and staff are busy throughout the summer with the many camps (spirit groups, dance, basketball and student life) that run from the end of May through Mid August.

Other Services
We strive to cooperate with all areas on campus providing space for Kinesiology classes and providing space for the athletic teams to practice. Men’s & Women’s Basketball and Volleyball use our facility regularly for practices.