

(UPDATED)
2012 Cheerleader Tryouts
General Information Sheet

1. **Deadline for application** is noon on **Wednesday, April 18th, 2012**. Turn all applications in to the Student Life Office located in Keeny Hall room 333 or mail them to **Attention: Tech Cheer- P.O. Box 3035, Ruston, La. 71272**.

Please email cheer@latech.edu by Monday, April 16th, 2012 if you are planning on trying out. Please include name, age, and contact information. Do not email your application. A hard copy must be mailed with payment and all attachments by the deadline.
2. **Tryouts will be held** in the Blue Gym of the Lambright Intramural Center.
3. **Clothing: Girls-** Wear a sports bra and shorts. Please wear bloomers under your shorts. We want to see a neat collegiate appearance. Wear your hair and make-up like you would on game day. Our school colors are red and blue, so please dress accordingly. **Guys** wear a Tech t-shirt and shorts. We want to see a neat collegiate appearance, so please be clean shaven.
4. **Friday, April 20, 2012**
5 p.m.- Until: Cuts will be made during or after the tryout. Interview times for Saturday will be given after cuts are made.
5. **Saturday, April 21, 2012**
8 a.m. - noon: Interviews will be held in Tolliver Hall. Please wear professional attire.
1p.m.- Until: Cuts will be made after the tryout. Physical fitness component times will be given after cuts are made.
6. **Sunday, April 22, 2012**
10 a.m.- noon: Physical fitness component at Track and Field.
1 p.m.- Until: Open Portion of try-outs to community in Blue Gym. The time for posting the new team will be given at tryouts. All team members will have a mandatory meeting/practice 30 minutes after try-outs are officially over. This practice will be a 2 hour practice and will be closed.
7. Your application is not complete without the following attachments: a recent picture, a \$35 application fee (**cash or money order only**), proof of insurance (**make a copy of your insurance card and attach it to the application**), physician release form signed by physician, a copy of your unofficial transcript (from the registrar), letter of recommendation from previous cheer coach if first time to tryout. If you choose to pay your fee with a money order, please make it payable to **La. Tech Foundation**.
8. **For new freshmen**, ACT scores will be used as an indicator of academic ability. Students who are not yet enrolled at Louisiana Tech must be accepted for admission prior to tryouts.

9. Students who are currently enrolled at Louisiana Tech University or have college credits from another university must have an overall **GPA of 2.3**.
10. You will be weighed at tryouts as part of an overall fitness assessment, and you will be expected to maintain an optimal fitness level throughout the year. Our program for Louisiana Tech does not have a weight or height restriction, our girls range in size from 95 pounds to 125 pounds and our guys vary in size. This is a typical size range and height does fluctuate from year to year. As long as you are adaptable to stunt with several partners you will be considered.
Coed stunt experience is essential.
11. Cheerleading tryouts are closed to the public Friday and Saturday. No parents, coaches, etc. are allowed to watch tryouts until Sundays open portion.
12. Tryouts will be conducted in a clinic/judging format. Candidates will be evaluated on tumbling (running and standing), stunting, fight song (taught at the tryout), cheerleading and crowd leading ability, and fitness and physical appearance. Judging will be done within the clinic atmosphere. When choosing the team, we consider who is easy to work with and can be used with different partners. We are also considering if the person is coachable and can easily make corrections as well as gets along well with other members of their team. Below is a list of requirements but does not guarantee a spot on the team.
 - Toss stretch full-down Toss lib
 - Toss Lib back to hands, stretch full-down
 - Two overhead stunts ending in a cradle-
 - Ex: Walk-in High torch front cradle pop out back to absorb lib cradle
 - Toss shoulders
 - Walk-in Extension
 - Standing Tuck- without any prior motion (No All-stars start)
 - Standing Back-handspring back tuck
 - Round-off back-handspring back tuck
 - Running tumbling pass with more difficulty than Round-off back-handspring back tuck
 - Physical components set at try-outs
13. Tryouts are subjective and selections by the coach and advisors are final. Squad members will be selected based on the above evaluations and how they will work within the Louisiana Tech Cheerleading program.