



Brought to you by: Louisiana Tech University's School of Architecture's
Community Design Assistance Center (CDAC)

Entry Fee: \$15 (Pre-registration) or \$20 (Race day registration). Call 257-5267 for more information.

Race Packet: Packets include t-shirt and spaghetti lunch ticket.

Race Time: April 25, 2009- Registration begins at 8:30 a.m. at Mays Chapel (601 W. Line Ave.)
Race starts at 9:30 a.m.

Race Course: Start at Mays Chapel Church. End at Duncan Park.

Post Event Party: Spaghetti lunch tickets may be purchased for those not participating in the race.
Tickets are \$6. Spaghetti will be served at 11:00 a.m. at Duncan Park.

Awards: Awards will be given for each age group.

Special Note: No baby joggers, strollers, bikes, or skate devices.

Waiver & Release

In consideration of my being admitted to enter "SOCA Sprint 5K", I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge LA Tech SOA - CDAC, their employees and agents, of and from any and all claims or demands for damages, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and permit myself to be removed from the competition if in the opinion of race officials that continuing would endanger my health.

**SOCA Sprint 5k
April 25, 2009**

Last Name _____ **First Name** _____

Address _____ **City** _____ **State** _____ **Zip** _____

E-mail Address _____ **Phone #** _____

Sex: Male or Female

Date of Birth: ___/___/___ **Age as of 4-25-09** _____ **T-shirt Size:** S M L XL (XXL add \$2.00)

I understand and agree to all conditions of waiver. Signature _____

Parent/Guardian Signature if under 18 years old _____

Forms may be dropped off at La Tech School of Architecture (Hale Hall) or mailed to La Tech SOA, P.O. Box 3147, Ruston, LA 71272 .

Early registration ends April 18th. Please make checks payable to **"Louisiana Tech University Foundation"**.

Be sure to write **"SOCA Project"** in the check's memo line.



COMMUNITY DESIGN ASSISTANCE CENTER

LOUISIANA TECH UNIVERSITY
SCHOOL OF ARCHITECTURE
P.O. BOX 3147 | RUSTON, LOUISIANA | 71272
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WHY WE RUN...

Even though Lincoln Parish is the most highly educated parish in the state, the poverty level in Ruston is 20% above the national average. One of the impoverished areas in the city is the neighborhood South of California Avenue. Most residents in Ruston have forgotten about this rapidly depleting area because it seems to be hidden from view. However, with community awareness and support, this area could become a vibrant neighborhood once again.

Louisiana Tech University's School of Architecture is partnering with the community to improve the impoverished neighborhood South of California Avenue (SOCA). Our goal is to improve the physical, social, living, and working conditions for the residents, by envisioning and building projects that will serve as agents of positive change in the community. We would also like to strengthen and nurture the connection between the community and the resources of the city.

This quarter, we are continuing our mission of opening the eyes of Ruston's citizens and leaders, while also building lasting relationships with the residents of the SOCA neighborhood. Their input and opinions about the future of their neighborhood is critical for the success of this long-term effort to improve the community. In order to do this, we are hosting this 5K Run through the neighborhood. The run will allow participants and supporters to see the current living conditions of the neighborhood. Rather than simply driving through, a slow pace through the meandering streets will give a different viewpoint. The race will start at Mays Chapel Church and end at Duncan Park. We are hosting a block party at the end of the race for runners, supporters, and residents. This event will include food, music, games, and the opportunity to interact with residents of this neighborhood.

We hope that you will join us on the journey to improve this part of Ruston. We cannot do it without your support.