2005-2006 Louisiana Tech Pom Pon Girl Tryouts  
General Information Sheet

1. Deadline for application is Thursday April 21 at 5:00PM

2. Looking for 20 girls that meet the requirements (10 on red squad, 10 on blue squad). Both squads cheer and dance together during football, but during basketball, the squads separate for cheering (but will still dance together).

3. Clothing: Wear black jazz pants, any color top or sports bra (must show stomach), and dance or jazz shoes.

4. **Thursday April 21:**
   - **5-6:00pm:** Welcome, warm up, stretch, and review of required techniques:
     1. Right and left splits
     2. Toe touch
     3. Leap to second
     4. Switch leap (both sides)
     5. Pirouette (4)
     6. Axle (straight and bent leg)
     7. Fouete turns (straight & bent leg)
   - **6:00pm-Till:** Interview and technique tryouts. First cut is made.

5. **Friday April 22:**
   - **5:00pm-Till:** Learn dance. Please bring a tape to record the music.

6. **Saturday April 23:**
   - **8:00am:** Doors open for practice and warm up.
   - **9:00am-Till:** Tryouts.

7. Your application is not complete without the following attachments: a recent picture, a $25 application fee, proof of insurance (make a copy of your insurance card and attach it the application), and a copy of your transcript (unofficial is fine).

8. Individuals not yet enrolled at Louisiana Tech University must be accepted for admission prior to tryouts. Your ACT scores will be used as an indicator of academic ability.

9. You will be weighed at some point during tryouts. You are to maintain this weight throughout the year. It should not fluctuate up or down more than 5 lbs.

10. Students who are currently enrolled at Louisiana Tech University or have college credits from another university must have a 2.0 overall GPA.

11. Upon making the squad, you will be given a contract that you must read, sign, and return to the sponsor at the conclusion of tryouts.

    **GOOD LUCK!!!!!**
POM PON GIRL TRYOUTS: APRIL 21-23, 2005

Interested in National? YES NO

Name:________________________________________________________
       (last)  (first)  (middle)  (nickname)

Social Security Number________________ Email___________________________
Classification_______________ Major_____________________________
Tech Address__________________ Phone______________________________
Home Address__________________ Phone______________________________
Date of Birth__________________ Cell Phone__________________________
Tech Hours Earned______________ GPA______________________________

Uniform Information
(Be ACCURATE!!)

Height___________  Weight____________  Dance shoe size___________

Questionnaire
(Use back if necessary)

1. List Organization(s) in which you are active:

2. List previous dance experience and/or training:

3. If selected, would you be interested in being a captain?

4. Can you afford the expenses of being a Tech Pom Pon Girl? (Buying a wind suit, bag, pair of shoes, camp clothes, and travel back to Ruston for activities during the breaks, etc.)

I certify that the above information is true and correct. I have included a picture, proof of insurance, a transcript, and a $25 application fee with my application. I give my permission to the dance judging panel to verify my GPA, which must be a 2.0 or better overall. I will participate in all activities to prepare for national competition (if we go). I will follow the Louisiana Tech Spirit Group rules and regulations.

Signature of Applicant____________________________________________