

### ***Regal Blues Tryout General Info and Schedule***

The La Tech Regal Blues are experienced and technically trained dancers who focus primarily on technique and maintaining their physical fitness. They practice up to 3-5 times a week, learn and perfect choreography, and are required to participate in team workouts 2-3 times per week. They represent the Bulldogs and the Tech community at appearances and performances throughout the year.

**\*\*YOU MUST HAVE AN ACCEPTANCE LETTER TO PARTICIPATE IN AUDITIONS\*\***

Tryouts consist of 3 parts:

Day 1- technique tryouts (Black sports bra, black booty shorts, and jazz shoes are required. Hair and makeup must be performance ready)

Day 2- Choreography (Dancers may wear ANY color top, black booty shorts, and jazz shoes. Hair and makeup must be performance ready)

**\*\*Dancers who are selected for the team will be announced at the end of Day 2\*\***

In order to make the team you must be able to properly execute the following technical elements:

**-right and left split**

**-right and left double pirouette**

**-right and left triple pirouette**

**-1 eight count of fouettes on side of choice**

**-right and left leap**

**-second leap**

**-2 eight counts of straight kicks**

**-combination taught on the first day of tryouts**

**-choreography taught in the second round of tryouts**

Schedule of tryouts:

Day 1- Friday, May 12

-4:30pm- Arrive at Lambright Intramural Center for check in

-5:00pm- Technique auditions will begin and judges will announce who made it through the first round

-choreography will be taught to those who make it through the technique round

Day 2-Saturday, May 13

-9:00am-Arrive at Lambright Intramural Center to finish learning choreography

-3:00pm- review of choreography and last minute questions

-4:00pm- Judges will begin final audition and dancers will perform choreography learned. Dancers will also be asked to try on official Regal Blue uniform and will be scored according to appearance in uniform.

-team will be announced after judges' decision is made, time TBA

Day 3- Sunday, May 14

-1:00pm- team meeting for the new 2015-2016 team! THIS IS REQUIRED FOR NEW TEAM MEMBERS

-meet at Lambright in Aerobics room

-come dressed in Tech colors: blue, red, or white. You may wear a dress, skirt, or dress pants. You will be taking your official headshot for the year: hair and makeup MUST be fixed appropriately.

In order to audition, all dancers must submit the following items NO LATER THAN Tuesday, May 9, 2017:  
\*\*\*keep in mind, applications that are turned in early are highly recommended and judges ARE NOTIFIED WHO YOU ARE\*\*

-a current picture NO SELFIES ALLOWED

-proof of insurance

-a transcript

-\$40 application fee (check made out to La Tech Foundation)

-completed application

Please mail all info to:

La Tech Spirit Groups

ATTN: REGAL BLUES

401 E WOODHAVEN

Ruston, La 71270

*\*all portions of tryouts are closed to the public. Only applicants, coaching staff, and judges will be allowed inside.*

*\*Evaluators will consist of the coaching staff, spirit coordinator, and professional dance instructors. The purpose of the tryout is to choose the best all-around representatives of La Tech.*

*\*generally, 16-22 dancers are chosen to make up the squad with the possibility of one or two alternates depending on the break in scores.*

If you have any questions about auditions or the application process, please email Lauren Derveloy at [lauren.derveloy@gmail.com](mailto:lauren.derveloy@gmail.com)

**REGAL BLUES TRYOUT APPLICATION**

NAME: \_\_\_\_\_

(FIRST)

(MIDDLE)

(LAST)

SS: \_\_\_\_\_

STUDENT ID # (IF APPLICABLE) \_\_\_\_\_

BIRTHDAY: \_\_\_\_\_

TECH ADDRESS: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

MAJOR: \_\_\_\_\_

CLASSIFICATION (FRESHMAN, SOPHOMORE, ETC): \_\_\_\_\_

GPA: \_\_\_\_\_

ACT SCORE (FRESHMAN ONLY): \_\_\_\_\_

IN CASE OF EMERGENCY, CONTACT: \_\_\_\_\_

RELATIONSHIP TO YOU: \_\_\_\_\_

BEST PHONE # TO REACH THEM: \_\_\_\_\_

For safety and training purposes, please list any prior orthopedic injuries, dates of injury, and/or unusual physical conditions that your coach should be aware of:

\_\_\_\_\_

Please print neatly or type your answers:

1. List the organizations in which you are currently active.

2. List your previous dance experience and training.

3. Can you afford the expenses of being a Regal Blue? (buying a warm up, nike team shoes, jazz shoes, practice uniforms, tights, etc?)

4. Why do you want to be a part of this team?

I certify that the above information is true and correct. I have included a picture, proof of insurance, a transcript, and a **\$40 application fee** with my application. I give my permission to the judging panel to verify my GPA, which must be a **2.3 or better overall**. I will participate in activities required of me as a Regal Blue. I will follow the Louisiana Tech Spirit Group rules and regulations.

Signature of Applicant: \_\_\_\_\_

Date: \_\_\_\_\_