

C. Smiley Reeves, MS, CEP
College of Education
Department of Kinesiology

F. Jay Taylor Undergraduate Teaching Award 2018 Nominee Information

A) List of Courses Taught and Overall Teacher Evaluation:

QUARTER	COURSE	9TH DAY/FINAL	RATING
Spring 2018	KINE 206 Adult Fitness Water Exercise	54/54	
	KINE 206 Adult Fitness Water Exercise	43/43	
	KINE 220 001 First Aid	40/40	
	KINE 220 084 www.First Aid	40/40	
	KINE 415F 098 Undergraduate Internship/Off	20/20	
	KINE 415F 099 Undergraduate Internship/On	3/3	
	KINE 415C 098 Undergraduate Internship/Off	3/3	
	KINE 415C 099 Undergraduate Internship/On	3/3	
Winter 2018	KINE 206 003 Adult Fitness Water Exercise	51/51	
	KINE 206 004 Adult Fitness Water Exercise	48/48	
	KINE 220 001 First Aid	45/45	4.0
	KINE 300 384 www.Safety Education	41/40	3.5
	KINE 410 001 Facility Design & Mgt.	46/46	3.8
	KINE415F 098 Undergraduate Internship/Off	8/8	
	KINE415F 099 Undergraduate Internship/On	2/2	
	KINE 415C 098 Undergraduate Internship/Off	3/3	
KINE 415C 099 Undergraduate Internship/On	4/4		
Fall 2017	KINE 206 001 Adult Fitness Water Exercise	66/66	
	KINE 206 002 Adult Fitness Water Exercise	67/67	4.0
	KINE 220 001 First Aid	42/42	4.0
	KINE 410 001 Facility Design & Mgt.	35/34	3.8
	KINE 415F 098 Undergraduate Internship/Off	6/6	
	KINE 415F 099 Undergraduate Internship/On	3/3	
	KINE 415C 098 Undergraduate Internship/Off	3/3	
	KINE 415C 099 Undergraduate Internship/On	4/4	
Summer 2017	KINE 206 003 Adult Fitness Water Exercise	58/58	
	KINE 300 384 www.Safety Education	13/13	
	KINE 415F 098 Undergraduate Internship/Off	30/30	
	KINE 415F 099 Undergraduate Internship/On	3/3	
	KINE 415C 098 Undergraduate Internship/Off	2/2	
	KINE 415C 099 Undergraduate Internship/On	2/2	
Spring 2017	KINE 206 001 Adult Fitness Water Exercise	49/49	
	KINE 206 002 Adult Fitness Water Exercise	53/53	4.0
	KINE 220 002 First Aid	46/43	3.9
	KINE 415F 098 Undergraduate Internship/Off	16/16	
	KINE 415F 099 Undergraduate Internship/On	2/2	
	KINE 415C 098 Undergraduate Internship/Off	3/3	
	KINE 415C 099 Undergraduate Internship/On	3/3	
Winter 2017	KINE 206 003 Adult Fitness Water Exercise	45/45	
	KINE 206 004 Adult Fitness Water Exercise	44/44	
	KINE 220 084 www.First Aid	46/44	4.0
	KINE 300 384 www.Safety Education	45/43	4.0
	KINE 410 001 Facility Design & Management	43/42	4.0
	KINE 415F 098 Undergraduate Internship/Off	8/8	
	KINE 415F 099 Undergraduate Internship/On	2/2	

	KINE 415C 098 Undergraduate Internship/Off KINE 415C 099 Undergraduate Internship/On	2/2 2/2	
Fall 2016	KINE 206 001 Adult Fitness Water Exercise KINE 206 002 Adult Fitness Water Exercise KINE 410 001 Facility Design & Management KINE 300 084 www.Safety Education KINE 415F 098 Undergraduate Internship/Off KINE 415C 098 Undergraduate Internship/Off KINE 415C 099 Undergraduate Internship/On	61/61 52/52 43/43 54/54 8/8 2/2 1/1	4.0 3.8 4.0
Summer 2016	KINE 206 003 Adult Fitness Water Exercise KINE 300 384 www.Safety Education KINE 415F 098 Undergraduate Internship/Off KINE 415F 099 Undergraduate Internship/On KINE 415C 098 Undergraduate Internship/Off KINE 415C 099 Undergraduate Internship/On	55/55 19/19 16/16 3/3 3/3 1/1	
Spring 2016	KINE 206 001 Adult Fitness Water Exercise KINE 206 002 Adult Fitness Water Exercise KINE 220 002 First Aid KINE 415F 098 Undergraduate Internship/Off KINE 415F 099 Undergraduate Internship/On KINE 415C 098 Undergraduate Internship/Off KINE 415C 099 Undergraduate Internship/On	45/45 34/34 47/45 10/10 2/2 3/3 1/1	3.8 4.0 4.0 4.0
Winter 2016	KINE 206 003 Adult Fitness Water Exercise KINE 206 004 Adult Fitness Water Exercise KINE 300 V84 www.Safety Education KINE 410 001 Facility Design & Management KINE 415F 098 Undergraduate Internship/Off KINE 415F 099 Undergraduate Internship/On KINE 415C 098 Undergraduate Internship/Off KINE 415C 099 Undergraduate Internship/On	63/63 46/46 41/40 36/35 10/10 4/4 1/1 1/1	3.7 3.9
Fall 2015	KINE 206 001 Adult Fitness Water Exercise KINE 220 001 First Aid KINE 300 084 www.Safety Education KINE 410 001 Facility Design & Management KINE 415F 098 Undergraduate Internship/Off KINE 415F 099 Undergraduate Internship/On	72/72 39/38 50/50 45/44 5/5 2/2	3.9 3.7 4.0
Summer 2015	KINE 300 384 www.Safety Education KINE 415F 098 Undergraduate Internship/Off KINE 415F 099 Undergraduate Internship/On	27/26 19/19 5/5	
Spring 2015	KINE 206 001 Adult Fitness Water Exercise KINE 206 002 Adult Fitness Water Exercise KINE 220 002 First Aid KINE 415F 098 Undergraduate Internship/Off KINE 415F 099 Undergraduate Internship/On	62/62 35/35 41/40 17/17 2/2	3.9

B) Statement of Beliefs Concerning the Importance of Teaching, Research, and Community/ University Service to the Overall Mission of the University:

Teaching at Louisiana Tech is not just a job to me, it is a privilege. It is a joy to go to work each day to teach, guide, interact, support, and assist students and colleagues. In the words of a great teacher and poet Maya Angelou “When you get, give. When you learn, teach”. I have been rewarded so many times in my 17 years at Louisiana Tech. In teaching, I find students are open to knowledge. They yearn for new skills and welcome professional development opportunities in preparation for their future. In Kinesiology many students are in the clinical curriculum and

plan to go on to allied health professions. Having worked in a hospital for ten years I have had the opportunity to experience inpatient and outpatient therapy, hospital based wellness programs, community health, and corporate wellness. All of these experiences apply to each of the three degrees offered in Kinesiology. Regardless of the degree tract a student pursues, the clinical, health promotion, or teacher education tract, they will use the knowledge, skills, and dispositions they gain in the classroom. It is my philosophy that learning by practical experience is the best teaching method. Coordinating community service events such as first aid in schools, data collection from fitness assessments on adults and children, and the undergraduate internship program allow students opportunities to gain interactive experiences. In KINE 220 First Aid, students provide basic first aid skills development in area elementary schools. Stations are set up and staffed by students in the course where they instruct groups of elementary students in bleeding control, splinting, rescue moving victims, and CPR & AED training. Integrating service learning with other effective teaching strategies provides meaningful community service, improves the health of community members, promotes servant leadership, and enhances the reflective capacity of students as professionals. In KINE 410, students design a multipurpose facility that will accommodate outpatient therapy, commercial fitness, sports management, or multipurpose sports and recreation facilities. Students in the course collaborate with the School of Design, Athletics Facilities and Operations, and the Lambright Center. This is a course I particularly enjoy teaching because as a young professional just out of graduate school I was asked by the hospital to design a fitness/outpatient cardiac rehabilitation facility. I quickly found my facility design text from undergraduate school and went to work getting important standards and guidelines needed to meet with the architects. I share that experience with my students because it will happen to them too. I want them to have the resources they need to research pertinent information, know what the industry guidelines and standards are, and be familiar with risk management in their professions. Education is more than relaying content material; it is a culmination of knowledge, skills, and development of dispositions for success in life and business. Thank you for your consideration of the F. Jay Taylor Undergraduate Teaching Award. I am honored and humbled by the nomination.

C) Selected Presentations & Grants:

- **Reeves, C.S.,** Chen, Schilling, and Deal (November 2017) *WIN WIN Service Learning Partnerships that benefit K-12 students in instruction and reflection for stronger communities.* Presented at the Louisiana Association of Health, Physical Education, Recreation, and Dance convention, Baton Rouge, La.
- **Reeves, C.S.,** (November 2017) *Life Saving First Aid in Schools.* Presented at the Louisiana Association of Health, Physical Education, Recreation, and Dance convention, Baton Rouge, La.
- **Reeves, C.S.,** and Deal, L, (Jan 2017). *Comparison of Perceived Exercise Intensity and Target Heart Rate for Adults in Aquatics Exercise.* Presented at Society of Health and Physical Educators Southern District and Louisiana Association of Health, Physical Education, Recreation, and Dance, Baton Rouge, La
- Chen, Y., and **Reeves, C.S.** and Boyd, R.G. (March, 2015) *Participation Styles of Senior Adults in Fitness Classes.* Presented at the Society of Health and Physical Educators (SHAPE) National Convention and Expo. Seattle, WA.

- Boyd, R.G. and **Reeves**, C.S. (November, 2014) *Bridging the Gap: Community Partnerships in Health Education*. Louisiana Association for Health, Physical Education, Recreation, and Dance Convention. Baton Rouge, La.
- **Reeves**, C.S. & Boyd, R.G. (2013, November). *H2O Fitness for Everyone*. Pre-Convention Workshop presentation 2013 Louisiana Association for Health, Physical Education, Recreation, and Dance Annual Convention, Baton Rouge, LA.
- Boyd, R.G. & **Reeves**, C.S. (2013, November). *Intergenerational Games*. Louisiana Association for Health, Physical Education, Recreation & Dance Convention. Baton Rouge, La.
- **Reeves**, C.S. & Boyd, R.G. (2013, April) *Comparing Exercise Intensity Measurements for Optimal Results in Aquatic Exercise*. Presented at the 2013 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition. Charlotte, SC.
- Boyd, R.G. & **Reeves**, C.R. (2012, November) *Sensitivity Training: Helping Children Understand Conditions Associated with Aging*. Presented at the 2012 Louisiana Association for Health, Physical Education, Recreation, and Dance Annual Convention, Baton Rouge, LA.
- Ciciarella, C., Dornier, L., Boyd, R., & **Reeves**, C.S. (2012, March) *Abilities That Predict Fitness in the Elderly*. Poster presentation at the 2012 AAHPERD Convention & Exposition, Boston, MA.
- Hagar, R., George, J., Boyd, R., **Reeves**, C.S., and Lockhart, B. (2012, March). *Interval Training and Functional Fitness for Senior Adults*. Presentation collaboration for the 2012 AAHPERD Convention & Exposition, Boston, MA.
- **Reeves**, C.S. & Boyd, R.G., (2011, March). *The Dynamic Duo: Strength and Balance Circuits to Prevent Falls*. Presented at the 2011 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, San Diego, CA.
- **Reeves**, C. S. & Boyd, R.G. (2011, January) *Preventive Health Practices & Medicare Coverage*. Presented at the Lincoln Parish Council on Aging, Ruston, La.
- **Reeves**, C., Boyd, R., Ciciarella, C., Dornier, L., & Szymanski, D. (2009, November). *Effects of Exercise on Adults 55 and Older*. Poster presented at the 2009 Annual Louisiana Association for Health, Physical Education, Recreation and Dance Convention, Baton Rouge, LA.
- Boyd, R.G. & **Reeves**, C.S. (2009, April). *For Adults Only: Part 2: Land Based Exercise*. Presented at the 2009 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, Tampa Bay, FL. (Author only, Reeves presented as I was unable to attend due to family medical emergency)
- **Reeves**, C.S. & Boyd, R. (2009, April). *For Adults Only: Part 1: Water Aerobics*. Presented at the 2009 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, Tampa Bay, FL.

Grants:

- College of Education Consumable Funds; funded \$4,750 Fall Quarter 2017
- SGA grant for La Tech Karate Team; funded \$500 Spring Quarter 2018
- SGA grant for Phi Epsilon Kappa Honor Fraternity; funded \$500 Fall Quarter 2012.
- Co-Author CPR/First Aid Grant with Dr. Ciciarella; funded \$2500 Fall Quarter 2008.
- Co-Author First Campus Emergency Alert Grant with Dr. Ciciarella; funded \$5000 Summer Quarter 2008.

D) Selected List of Community/University Service Activities:

- Coordinator of Kinesiology Undergraduate Internship Program (2009-2018)
- Faculty Advisor for Phi Epsilon Kappa National Honor Fraternity in Kinesiology (2011-present)
- Faculty Advisor for Exercise Science and Physical Education Organization (2009-2012)
- Faculty Advisor for La Tech Karate Team (2010-present)
- Faculty Advisor for Early Advisement, Summer Orientation Sessions, Drop/Add, & Late Registration (2001-2018)
- Search Committee member for new faculty in Kinesiology Department (2013-2018)
- Kinesiology Co-Coordinator La Tech Wellness Day (2010-2018)
- College of Education A.E. Phillips Laboratory School Emergency Operations and Crisis Management Team 2012-2013
- Judge for Louisiana Region 2 Science and Engineering Fairs Elementary and Junior High Divisions (2010, 2013)
- Co-Chair College of Education Special Initiatives Committee (2009-present)
- NCATE 2010 Standard 2: Assessment System and Unit Evaluation
- NCATE 2010 Hospitality Committee
- Faculty Advisor for Legacy Day (2013-2018) and Time Out for Tech (2008-2018)
- Career Center Annual Career Day Registration Volunteer (2011-2018)
- Coordinator, SGA Fit Day in the Quad (November 5, 2013)
- COE La Gear Up Grant, Camp Counselor CPR/AED/First Aid Certification Instructor (April 2011-2016).

Selected Honors and Awards:

- Louisiana Association of Health, Physical Education, Recreation & Dance Health Educator of the Year 2016
- College of Education Virgil Orr Junior Faculty Nominee 2015
- Department of Kinesiology Outstanding Service Award 2011
- Department of Kinesiology Outstanding Teaching Award 2009
- College of Education Outstanding Faculty Advisor Award 2008
- Department of Health & Exercise Science Outstanding Teaching Award 2007
- Department of Health & Exercise Science Outstanding Service Award 2005

Regional and National Societies:

- Louisiana Association of Exercise Physiologists
- Louisiana State Board of Medical Examiners Licensee
- Louisiana Association of Health, Physical Education, Recreation, and Dance (LAHPERD)
- Society of Health and Physical Educators (SHAPE)
- American Heart Association Basic Life Support Instructor & Health Care Provider Instructor
- Emergency Care and Safety Institute CPR/First Aid Instructor