

# JESSICA M. SZYMANSKI



## **Courses Taught:**

KINE 206: Fitness for Senior Adults  
KINE 280: Dance Appreciation  
KINE 290: Personal and Community Health  
KINE 292: Preventive Health and Wellness  
KINE 407: Exercise Prescription  
KINE 409: Measurement of Physiology Variables Lab  
KINE 416: Fitness Programming  
FYE 100: First Year Experience

## **Educational Credentials:**

Masters of Education Auburn University; Auburn, AL (Exercise Physiology), 1998  
Bachelor of Arts Texas Lutheran University; Seguin, TX (Kinesiology), 1995

## **Teaching Experience:**

Instructor Louisiana Tech University, 2008-present

## **Professional Experience:**

RocketFuel Volleyball Coach Ruston, LA, 2018-Present  
Tulsa Juniors Volleyball Coach Tulsa, OK, 2005  
Head Volleyball/Softball Coach Agnes Scott College, Decatur, GA, 1998  
GA Strength & Conditioning Coach Auburn University, Auburn, AL, 1996-1998

## **Academic Honors & Awards:**

Outstanding Faculty Advisor, Louisiana Tech University, 2017  
Virgil Orr Junior Faculty Award Nominee, 2016

## **Certifications:**

Certified Strength and Conditioning Specialist, NSCA, 1999-present  
Certified in CPR & First Aid

## **Professional Memberships:**

NSCA: National Strength and Conditioning Association, 1999-present