2019 Tryouts General Information

1. Deadline for the application packet is Wednesday, May 8, 2019. You can bring it to the Housing Office located in Wyly Tower 227, or mail it to Attention: Tech Cheer- P.O. Box 3174, Ruston, LA 71272. Do not email it. Your packet is not complete without the following attachments:
   - Application accurately filled out *
   - $35.00 application fee (cash, check, or money order). If you choose to pay your fee with a check or money order, please make it payable to Louisiana Tech Foundation. *
   - Proof of insurance (make a copy of your insurance card and attach it to the application) *
   - A recent picture *
   - Physician release form signed by a physician
   - A copy of your unofficial transcript (from the registrar)
   - Letter of recommendation from previous cheer coach if this is your first time trying out at Tech
   - If you are a freshman or first time Tech student you also need to provide proof of acceptance/enrollment. As a freshman, your ACT scores will be used as an indicator of academic ability. If you are a current Tech student or a transfer student, you must have an overall GPA of 2.3.

*Information returning members must turn in.

2. Clothing: Girls- Please wear a sports bra, shorts, and bloomers under your shorts. Wear your hair (half up/half down) and make-up the way you would on game day. We are looking for a neat collegiate appearance. Please wear a Louisiana Tech University shirt only, no other university shirts, all-star programs, or high school clothing is permissible.
   Guys- wear a Louisiana Tech University t-shirt and shorts. We want to see a neat collegiate appearance.

3. Tryouts will be held in the gym of the Lambright Intramural Center.
   Friday, May 10, 2019 – 5pm – until
   Saturday, May 11, 2019 – 8am – noon & 1pm – until
   Sunday, May 12, 2019 – 8am – until
   The time for posting the new team will be given at tryouts. All team members will have a mandatory meeting/practice 30 minutes after tryouts are officially
over. This practice will be a 1-2 hour practice and will be closed. No parents, coaches, or friends will be allowed at this practice. After the new team has been named, each squad member will be given a binder with important information in it, including the contract and fundraising material.

4. You will be weighed at tryouts as part of an overall fitness assessment, and you will be expected to maintain an optimal fitness level throughout the year. Our program at Louisiana Tech does not have a weight or height restriction. The typical size range and height does fluctuate from year to year. Cheerleading is an intense activity with high impact on joints. Our program stresses physical fitness for safety for both girls and guys. As long as you are adaptable to stunt with several partners you will be considered. Coed stunt experience is essential.

5. Cheerleading tryouts are closed to the public. No parents, coaches, etc. are allowed to watch tryouts. Tryouts will be conducted in a clinic/judging format. Candidates will be evaluated on tumbling (running and standing), stunting, fight song, cheerleading and crowd leading appeal, and fitness and physical appearance. When choosing the team, we consider if the person is coachable and can easily make corrections as well as gets along well with other members of their team and coaching staff. It is imperative to understand that this is not your old team and the coaches are not your old coaches. Be coachable and adaptable. Being able to learn and try new things is essential to being part of the team. Tryouts are subjective and selections by the coaches and advisors are final. Squad members will be selected based on the above evaluations and how they will work within the Louisiana Tech University Cheerleading program.