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JULIE M. RUTLEDGE, PHD

ASSOCIATE PROFESSOR | SCHOOL OF HUMAN ECOLOGY | LOUISIANA TECH UNIVERSITY
 MILDRED TRUSSELL MCGEHEE ENDOWED PROFESSOR
 DIRECTOR OF THE EDUCATION AND RESEARCH IN CHILDREN'S HEALTH (ENRICH) CENTER
 PRESIDENT OF THE SOCIETY FOR RESEARCH IN HUMAN DEVELOPMENT

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FOCUS AREA

CHILDREN'S PREVENTATIVE HEALTH AND SOCIAL DEVELOPMENT

EDUCATION

- Doctor of Philosophy in Human Environmental Sciences 2009
Specialization in Human Development and Family Science
 Oklahoma State University, Stillwater, Oklahoma
 Chair: Amanda W. Harrist, Human Development and Family Science
 Doctoral dissertation: *Parenting styles and patterns of child weight across time*
- Master of Science in Human Development and Family Science 2007
 Oklahoma State University, Stillwater, Oklahoma
 Chair: Amanda W. Harrist, Human Development and Family Science
 Master's thesis: *Parenting style differences in overweight versus non-overweight children and the potential moderating effects of socioeconomic status and ethnicity*
- B.A. in Psychology, Oklahoma State University, Stillwater, Oklahoma 2003

POSITIONS

- ASSOCIATE PROFESSOR **September 2017-present**
- Family and Child Studies, School of Human Ecology, Louisiana Tech University
 - *Mildred Trussell McGehee Endowed Professor*
 - *Director, Education and Research in Children's Health (ENRICH) Center*
- ASSISTANT PROFESSOR February 2011-August 2017
- Family and Child Studies, School of Human Ecology, Louisiana Tech University
- INDEPENDENT EVALUATOR
- Blue Cross Blue Shield of Louisiana **July 2017-present**
 - City of Ruston's Improving Health Equality Through Active Transportation
 - The Arc, Caddo-Bossier Foundation July 2017-December 2018
 - The Goldman School
 - Northern Louisiana United Way September 2013-September 2014
 - Read. Learn. Succeed. Volunteer Reading Initiative
- POSTDOCTORAL RESEARCHER January 2010-January 2011
- Families and Schools for Health (FiSH)
- SENIOR RESEARCHER June 2010-October 2010
- Oklahoma Department of Human Services
 - Office of Planning, Research, and Statistics

RESEARCH AND SCHOLARLY ACTIVITY

MANUSCRIPTS PUBLISHED

- Rutledge, J. M.**, Harrist, A. W., Hubbs-Tait, L., Larzelere, R. E., Topham, G. L., Shriver, L. H., & Swindle, T. (In Press). A longitudinal study of parenting style and child weight with moderation by American Indian ethnicity. *Parenting: Science and Practice*, 19, 1-26
<https://doi.org/10.1080/15295192.2019.1642083>
- Swindle, T., Selig, J., **Rutledge, J. M.**, Whiteside-Mansell, & Curran, G. (2018). Fidelity monitoring in complex interventions: A case study of the WISE intervention. *Archives of Public Health*, 76. <https://doi.org/10.1186/s13690-018-0292-2>
- Swindle, T., **Rutledge, J.**, Dix, B. & Whiteside-Mansell, L. (2017). Table Talk: Development of an Observational Tool to Characterize the Early Childcare Feeding Environment. *Public Health Nutrition*, 20, 2869-2877.
- Kim, Y., Chau, T. Y., **Rutledge, J. M.**, & Erickson, D. (2015). Factors that affect sugar sweetened beverages intake in rural, southern college students. *The International Journal of Vitamin and Nutrition Research*, 85, 5-13.
- Rutledge, J. M.** (Summer-Fall 2013). The unexpected relations among food insecurity, obesity, and brain development in children. *Collaborations*, 18-21.
- McCollum, H. R., **Rutledge, J. M.**, Yates, A. M., Chestnut, L. F., Pumphrey, A. H., & Harpel, T. S. (Summer- Fall 2012). Pre-K electronic versus traditional book preferences and promoting emergent literacy skills in a technology-filled world. *Collaborations*, 27-28.
- Yates, A. M., Harpel, T. S., **Rutledge, J. M.**, McCollum, H. R., Pumphrey, A. H., & Chestnut, L. F. (Winter, 2011). The role of preschool educators in identifying suspected child maltreatment. *Collaborations*, 3-5.
- Chestnut, L. F., Pumphrey, A. H., Yates, A. M., **Rutledge, J. M.**, Harpel, T. S., & McCollum, H R. (Winter, 2011). Easing medical stress in young children. *Collaborations*, 6-7.
- Topham, G. L., Hubbs-Tait, L., **Rutledge, J. M.**, Page, M. C., Kennedy, T. S., Shiver, L. H., & Harrist, A. W. (2011). Parenting styles, parental response to child emotion, and family emotional expressiveness are related to child emotional eating. *Appetite*, 56, 261-264.
- Topham, G. L., Page, M. C., Hubbs-Tait, L., **Rutledge, J. M.**, Kennedy, T. S., Shriver, L., & Harrist, A. W. (2009). Maternal depression and socioeconomic status moderate the parenting style/child obesity association. *Public Health Nutrition*, 13, 1237-1244.

INVITED AND SPECIAL WORKS AND NON-REFEREED PUBLICATIONS

- Rutledge, J. M.** (2018, March). Presidential Address. Presented at the Society for Research in Human Development, Plano, TX.
- Rutledge, J. M.**, Yates, A. M., Liu, P. (2016, June). *Tackling program assessment: Determining what you are doing, what you need to be doing, and how to do it better*. Paper presented at the American Association of Family and Consumer Sciences, Bellevue, WA.
- Swindle, T. M., & **Rutledge, J. M.** (2016). Health and families. In C. Shehan (Ed.) *The Wiley Blackwell Encyclopedia of Family Studies, Volume II* (pp. 1023-1024). Hoboken, NJ: Wiley-Blackwell doi: 10:1002/9781119085621.wbef166

- Rutledge, J. M.** & Swindle, T. M. (2016). Permissive parenting. In C. Shehan (Ed.) *The Wiley Blackwell Encyclopedia of Family Studies, Volume III* (pp. 1576-1577). Hoboken, NJ: Wiley-Blackwell. doi: 10/1002/9781119085621.wbefs027
- Rutledge, J. M.** (2015). Family and child studies. Submitted to *Collaborations* in response to a call for descriptions of child development programs in the state of Louisiana.
- Harrist, A., **Rutledge, J.**, Bradley, D., Herndon, E. W., Swindle, T., & Bradley, B. (2014, March). REJECT: A Documentary Film, Panel Discussion. Invited panel presentation at the biennial meeting of the Society for Research in Human Development, Austin, TX.
- Rutledge, J. M.**, Swindle, T. S., & Christopher, C. (2014, March). *Navigating the job search: Insights and success stories*. Invited panel presentation at the biennial meeting of the Society for Research in Human Development, Austin, TX.
- Rutledge, J. M.** (2014, February). *Eye of the beholder: Postmodern concepts of beauty in the era of reality TV*. Keynote address for the annual meeting of the Louisiana Association for Family and Consumer Sciences. Ruston, LA.
- Rutledge, J. M.** (2013). Success at all costs including childhood: Why we need to re-frame expectations, re-define success, and re-think the way we parent. [Review of the book *Teach your children well: Parenting for authentic success*, by M. Levine]. *PsycCRITIQUES*, 58(17).

PAPER PRESENTATIONS

- Rutledge, J. M.**, & Swindle, T. (June, 2020). Development of the Educator Feeding Survey and impact of food insecurity on feeding style outcomes of early childhood educators. In K. Davison (chair) and L. Francis (discussant), *Beyond the Child Feeding Questionnaire: Recognizing the impact of Leann Birch (1946 - 2019) on food parenting research*. Symposium under review at the International Society of Behavioral Nutrition and Physical Activity, Auckland, New Zealand.
- Swindle, T., **Rutledge, J. M.**, & Curren, G. (2019, September). *What fidelity data don't say: Types of Adopters and resisters in an implementation trial in early care and education classrooms*. Paper presented at the Society for Implementation Research Conference, Seattle, WA.
- Swindle, T., Johnson, S., & **Rutledge, J. M.** (2019, June). *Stakeholder engagement in selecting implementation strategies to support evidence-based feeding practices in childcare*. Paper presented at the International Society of Behavioral Nutrition and Physical Activity, Prague, Czech Republic.
- Rutledge, J. M.**, & Swindle, T. (March, 2018). Development of the Educator Feeding Survey and outcomes related to early childhood educator food insecurity and feeding style. In **J.M. Rutledge** (chair) and L. Hubbs-Tait (discussant), *Food Insecurity among Early Childhood Educators*. Symposium presented at the biennial meeting of the Society for Research in Human Development, Plano, TX.
- Percle, P. M., Byley, E. A., Burns, T.W., **Rutledge, J. M.**, & Swindle, T. (March, 2018). Teacher's self-reported food insecurity impact on observed classroom food environment. In **J.M. Rutledge** (chair) and L. Hubbs-Tait (discussant), *Food Insecurity among Early Childhood*

Educators. Symposium presented at the biennial meeting of the Society for Research in Human Development, Plano, TX.

Harrist, A. W., **Rutledge, J. M.**, Swindle, T. M., Hubbs-Tait, L., Shriver, L. H., & Topham, G. L. (2017, April). *Can a social intervention in the classroom impact obesity? Results of a randomized controlled trial*. In L. Hubbs-Tait (chair) and B. Fiese (discussant), *Social and cognitive aspects of weight problems: Obesity in school and child care settings*. Symposium presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Kimble, A., Hubbs-Tait, L., Swindle, T., **Rutledge, J.**, Topham, G., Kennedy, T. Shriver, L., & Harrist, A. (2017, April). *Learning experiences and cognitive self-competence of overweight, obese, and severely obese children in early elementary school*. In L. Hubbs-Tait (chair) and B. Fiese (discussant), *Social and cognitive aspects of weight problems: Obesity in school and child care settings*. Symposium presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Skinner, B., Miglicco, H., Thomas, M., Kage, A., Yates, A., & **Rutledge, J.** (2016, March). *Parental influence on the involvement of adolescents in extracurricular activities*. Paper presented at the Southeastern Council on Family Relations, Orlando, FL.
****B. Skinner received the award for most outstanding undergraduate paper presentation at the conference.**

Rutledge, J.M., & Swindle, T. M. (2016, February). *Peer relations in early childhood: Impact on positive, holistic development*. Paper presented at the annual Southern Early Childhood Association conference, Tulsa, OK.

Swindle, T. M., & **Rutledge, J. M.** (2015, October). *Will you play with me? The importance of relationships in early childhood*. Paper presented at the Arkansas Early Childhood Association Annual Conference, Hot Springs, AR.

Rutledge, J. M., & Chestnut, L. F. (2015, January). *Sit down a spell and read together: Creating a preschool book club*. Paper presented at the annual Southern Early Childhood Association conference, New Orleans, LA.

Rutledge, J. M. (2013, April). *Engaging the aging: Closing the 40-year age gap in a gerontology course through service-learning*. Paper presented at the University of Louisiana System Academic Summit, Monroe, LA.

Topham, G. L., Harrist, A. W., Page, M. C., Kennedy, T. S., **Rutledge, J. M.**, & Hubbs-Tait, L. (2009, April). *Maternal depression and socioeconomic status moderate the parenting style/child obesity association*. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.

Rutledge, J. M., Topham, G., Kennedy, T., Hubbs-Tait, L., Page, M., & Harrist, A. W. (2007, May). *Relation between parenting style and child weight*. Paper presented at the annual meeting of the Federated American Societies for Experimental Biology, Washington, DC. (Abstract published in *FASEB Journal*, 21, 353.4).

POSTER PRESENTATIONS

Swindle, T., **Rutledge, J. M.**, & Curren, G. (2019, December). *Stakeholder engagement in*

developing and testing deimplementation strategies for detrimental feeding practices in childcare. Poster accepted for presentation at the Conference on the Science of Dissemination and Implementation in Health, Washington DC.

Gremillion, M. E., & **Rutledge, J. M.**, & Swindle, T. (2019, April). *A comparison of early childhood health indicators.* Poster presented at the ANS Research Symposium, Ruston, LA.

***Student was selected as the 1st place winner of the Undergraduate Poster Presentation Award for the College of Applied and Natural Sciences.*

Rutledge, J. M., Percle, P. M. & Swindle T. (2019, July). *Modification of a preschool nutrition education curriculum for us in special education classrooms.* Poster accepted for presentation at the Society for Nutrition Education and Behavior, Orlando, FL.

Rutledge, J. M., Swindle, T., McBride, N., Selig, J. P., Percle, P. M., & Whiteside-Mansell, L. (2019, June). *Home-based health outcomes of a childcare-based nutrition intervention: Pester power examined.* Poster presented at the International Society of Behavioral Nutrition and Physical Activity, Prague, Czech Republic.

Rutledge, J. M., Swindle, T. M., & Percle, P. M. (2019, March). *TV viewing and parent-initiated reading predict receptive vocabulary outcomes in a preschool literacy intervention.* Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Harrist, A. W., **Rutledge, J. M.**, Suh, R. T., & Varnell, T. (2018, October). *The science of rejection and the art of acceptance: Using a documentary film and classroom intervention to change hearts and minds.* Poster presented at the Society for Research in Child Development Special Topic Meeting: Promoting Character Development Among Diverse Children and Adolescents: The Roles of Families, Schools, and Out-Of-School-Time Youth Development Programs, Philadelphia, PA.

Rutledge, J. M., Swindle, T., Harrist, A. W., Hubbs-Tait, L., Topham, G. L. Larzelere, R. E., & Shriver, L. H. (2018, September). *Comparison of newly introduced weight trajectories to structure equation modeling to explore children's weight longitudinally.* Poster presented at the Developmental Methods Conference, Whitefish, MT.

Swindle, T., **Rutledge, J. M.**, Selig, J., Whiteside-Mansell, L., & Curran, G. (2018, September). *Comparison of data collection methods and analytic approaches to intervention fidelity monitoring.* Poster presented at the Developmental Methods Conference, Whitefish, MT.

Swindle, T., **Rutledge, J.M.**, & Percle, P.M. (July, 2018). *Measuring feeding practices in early care and education: Development of direct and indirect approaches.* Poster presented at the Society for Nutrition Education and Behavior Annual Meeting, Minneapolis, MN.

Burns, T. W., Percle, P. M., Byley, E. A., **Rutledge, J. M.**, & Swindle, T. (2018, March). *Relation among early childhood educators' supportive behaviors and use of classroom-based obesity prevention program mascot.* Poster presented at the biennial meeting of the Society for Research in Human Development, Plano, TX.

Byley, E. A., Percle, P. M., Burns, T.W., **Rutledge, J. M.**, & Swindle, T. (2018, March). *The relation between early childhood educators' supportive behaviors and preschoolers' engagement in classroom food experiences.* Poster presented at the biennial meeting of the Society for Research in Human Development, Plano, TX.

- Rigby, E., Anguah, K., **Rutledge, J.**, & Erickson, D. (2017, October). *Barriers faced by Louisiana dietitians when counseling overweight and obese patients*. Poster presented at the Food and Nutrition Conference and Expo, Chicago, IL.
- Swindle, T., **Rutledge, J.M.**, Curran, G., & Whiteside-Mansell, L (2017, June). *Educator characteristics that predict implementation fidelity to a nutrition curriculum in Head Start*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity, Victoria, British Columbia, Canada.
- Rutledge, J. M.**, & Swindle, T. M. (2017, April). *Parent and child outcomes of a Head Start curriculum featuring sensory exploration and interactive cooking with children*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- Swindle, T. M., & Rutledge, **J. M.** (2017, April). *Relationship between educator food insecurity and adoption of best practices at mealtime*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
- Byley, E. A., Percle, P.M., Burns, T. W., Heiden, K. E., Winkler, C. F., **Rutledge, J. M.**, & Swindle, T. M. (2017, February). *The relation between early childhood educators' supportive behaviors and preschoolers' engagement in classroom food experiences*. Poster presented at the annual meeting of the Louisiana Association of Family and Consumer Sciences, Ruston, LA.
 *Students also presented this work in-house at the Louisiana Tech University Research Symposium (February 10) and the College of Applied and Natural Sciences Day (April 20)
- Pipes, T. A., Burns, T. W., Winkler, C. F., & **Rutledge, J. M.** (2017, February). *Factors that influence retirement preparedness*. Poster presented at the annual meeting of the Louisiana Association of Family and Consumer Sciences, Ruston, LA.
- Wheat, V. King, C., Nichols, E., Sauer, L., & **Rutledge, J.** (2017, February). *Impact of family communication on financial decision making*. Poster presented at the annual meeting of the Louisiana Association of Family and Consumer Sciences, Ruston, LA.
- Mercer, V., Wyatt, A., Bonnett, E., Fuller, J., & **Rutledge, J.** (2017, February). *When disaster strikes: Is your family prepared?* Poster presented at the annual meeting of the Louisiana Association of Family and Consumer Sciences, Ruston, LA.
- Baker, A. L., Byrd, C. M., Doughty, K. L., Gilmour, E. P., & **Rutledge, J. M.** (2017, February). *The effects of gender and marital status on perceptions of financial stability of parents*. Poster presented at the annual meeting of the Louisiana Association of Family and Consumer Sciences, Ruston, LA.
- Swindle, T. M., **Rutledge, J. M.**, & Whiteside-Mansell, L. (2016, July) *Mealtime interaction styles of early childhood educators*. Poster presented at the Society of Nutrition Education and Behavior Annual Conference, San Diego, CA.
- Burkholder, K. M., & **Rutledge, J. M.** (2016, April). *Aggression in Young Children*. Poster presented at the ANS Research Symposium, Ruston, LA.
- Rutledge, J. M.** (2016, March). *Impact of a preschool book club on children's vocabulary development and parent-reported home reading behaviors*. Poster presented at the biennial meeting of the Society for Research in Human Development, Denver, CO.

- Rutledge, J. M.**, & Swindle, T. M. (2016, March). *Pre-intervention condition of early childcare food practices in high obesity risk states*. Poster presented at the biennial meeting of the Society for Research in Human Development, Denver, CO.
- Heiden, K. E., Byley, E. A., Percle, P. M., **Rutledge, J. M.**, & Swindle, T. S. (2016, February). *Teacher mealtime interaction style changes from pre to post intervention*. Poster presented at the Louisiana Tech University Student Research Symposium, Ruston, LA. ***Students were selected as the 1st place winners of the Undergraduate Poster Presentation Award and represented Louisiana Tech University at the University of Louisiana System Academic Summit in April 2016 at Nicholls State University.*
- Miglicco, H. N. **Rutledge, J. M.** & Yates, A. M. (2016, February). *The change in opinions and expectations regarding aging after participation in a service-learning project in a gerontology course*. Poster presented at the Louisiana Tech University Student Research Symposium, Ruston, LA.
- Swindle, T. M., **Rutledge, J. M.**, Shriver, L. H., Hubbs-Tait, L., Topham, G. L., & Harrist, A. W. (2015, July). *Maternal perception of weight and child actual weight across time*. Poster presented at the Society of Nutrition Education and Behavior Annual Conference, Pittsburgh, PA.
- Rutledge, J. M.**, & Yates, A. M. (April, 2015). *How is Engaging the Aging a two-way street between college students and assisted living facility residents?* Poster presented at the Annual Meeting of the Southern Gerontological Society, Williamsburg, VA.
- Shriver, L. H., **Rutledge, J. M.**, Swindle, T. M., Harrist, A. W., Hubbs-Tait, L., Topham, G. L., & Page, M. C. (March, 2015). *Predictors of maternal concern and accuracy of maternal perceptions of child's weight in 1st graders*. Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, Boston, MA.
- Rutledge, J. M.**, Swindle, T. S., Harrist, A. W., Hubbs-Tait, L., & Topham, G. L. (2015, March). *Exploring parenting styles as protective factors for the bullying and social exclusion of children in differing weight groups*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Harrist, A. W., **Rutledge, J. M.**, Liu, C., & Lin, H. (2015, March). *Inter-parent aggression predicts children's relationally but not physically aggressive social problem solving*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
- Harrist, A.W. Swindle, T., **Rutledge, J.**, Topham, G., Hubbs-Tait, L., Shriver, L., & Page, M.C. (2014, June). *Classroom intervention to decrease peer rejection improves obese children's BMI over time*. Poster presented at Society for Nutrition Education and Behavior Annual Conference, Milwaukee, WI.
- Rutledge, J. M.**, & Yates, A. M. (2014, April). *Does engaging the aging change college students' perceptions of aging?* Poster presented at the Annual Meeting of the Southern Gerontological Society, Little Rock, AR.
- Paulsen, B. S., Milott, H., Smith, B., Kormos, H., McCollum, H., **Rutledge, J.**, & Erickson, D. (2014, April). *Food group knowledge and food group serving size knowledge in relation to a child's BMI*. Poster presented at the Louisiana Dietetic Association Food and Nutrition Conference and Expo (FNCE), Alexandria, LA.

- Hennigan, A., Henthorn, S., Jordan, M., McGuire, K., McCollum, H., **Rutledge, J.**, & Erickson, D. (2014, April). *The ability of children to identify foods with fat and saturated fat upon completion of the Youth4Health program*. Poster presented at the Louisiana Dietetic Association Food and Nutrition Conference and Expo (FNCE), Alexandria, LA.
- Beretich, K., Clark, C., Lazzell, K., MacDonald, M., McCollum, H., **Rutledge, J.**, & Erickson, D., (2014, April). *BMI values and base knowledge of saturated fat and cholesterol among North Louisiana youth*. Poster presented at the Louisiana Dietetic Association Food and Nutrition Conference and Expo (FNCE), Alexandria, LA.
- Falin, M., Pearson, X., Prendergast, E., Sun, H., McCollum, H., **Rutledge, J.**, & Erickson, D. (2014, April). *Gender effect on weight status and food knowledge change among adolescents participating in nutrition education camp in Lincoln Parish*. Poster presented at the Louisiana Dietetic Association Food and Nutrition Conference and Expo (FNCE), Alexandria, LA.
- Rutledge, J. M.**, Swindle, T. S., Hubbs-Tait, L., Harrist, A. W., & Topham, G. L. (2014, March). *Exploring parenting styles as protective factors for the social competence and acceptance of children in differing weight status groups*. Poster presented at the biennial meeting of the Society for Research in Human Development, Austin, TX.
- Byley, E., Dugdale, C., Harper, J., Kreid, L., & **Rutledge, J.** (2014, February). *The effects of media on the self-esteem of adolescents*. Poster presented at the annual meeting of the Louisiana Association for Family and Consumer Sciences, Ruston, LA.
- Carter, R., Eckert, A., Morra, P., Wheeler, H., & **Rutledge, J.** (2014, February). *Video game use and sleep patterns*. Poster presented at the annual meeting of the Louisiana Association for Family and Consumer Sciences, Ruston, LA.
- Creque, S., Noles, V., Pearce, C., Stuckey, K., & **Rutledge, J.** (2014, February). *Technology and how it affects dinnertime rituals*. Poster presented at the annual meeting of the Louisiana Association for Family and Consumer Sciences, Ruston, LA.
- Nethken, R., Burroughs, C., Butzman, M., & **Rutledge, J.** (2014, February). *Cell phone use among college students while driving*. Poster presented at the annual meeting of the Louisiana Association for Family and Consumer Sciences, Ruston, LA.
Winner – student research award
- Puckett, J., Forsse, J., Hill, E., Smith, C., & **Rutledge, J.** (2014, February). *Preschoolers' interest and engagement in traditional books and electronic books*. Poster presented at the annual meeting of the Louisiana Association for Family and Consumer Sciences, Ruston, LA.
- Rutledge, J. M.**, McCollum, H. R., & Yates, A. M. (2013, November). *Electronic versus traditional book preference and children's literacy*. Poster presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
- Yates, A. M., McCollum, H. R., **Rutledge, J. M.**, & Clark, C. (2013, November). *Perceived barriers to dietary and physical activity changes among rural patients with type 2 diabetes*. Poster presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
- Rutledge, J. M.**, McCollum, H. R., & Yates, A. M. (2013, June). *Differences in use of toy props by*

children who prefer electronic versus traditional books. Poster presented at the annual conference of the American Association of Family & Consumer Sciences, Houston, TX.

- Rutledge, J. M.**, Swindle, T. M., Harrist, A. W., Hubbs-Tait, L. Topham, G. L., Page, M. C., & Shriver, L. H. (2013, April). *The interaction of weight and income on children's peer social status.* Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- McCollum, H. R., & **Rutledge, J. M.** (2013, April). *Youth's perception of family meal sharing.* Poster presented at the North Louisiana Behavioral and Social Sciences Conference, Ruston, LA.
- Rutledge, J. M.**, McCollum, H. R., Chestnut, L. F., Pumphrey, A. H., & Yates, A. M. (2013, March). *To E or not to E: Exploring electronic and traditional book preferences among preschoolers.* Poster presented at the ANS Research Symposium, Ruston, LA.
- Rutledge, J. M.** (2013, March). *Embracing students' changing learning styles by expanding the classroom doors.* Poster presented at the annual meeting of the Louisiana Association for Family and Consumer Sciences, Lafayette, LA.
- Okwonga, A. B., Hubbs-Tait, L., Topham, G., Larzelere, R., **Rutledge, J.**, Cui, L., Kennedy, T. S., Page, M., Harrist, A. (2012, April). *Parenting styles moderate links of feeding practices to odds of child obesity and overweight.* Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, San Diego, CA.
- Rutledge, J. M.**, Swindle, T. S., Harrist, A. W., Hubbs-Tait, L., Page, M. C., Shriver, L. H., & Topham, G. L. (2012, March). *Gender and ethnic trends in the dimensions of self-evaluations as risk and protective factors among overweight and non-overweight children.* Poster presented at the biennial meeting of the Society for Research in Human Development, New Orleans, LA.
- Dubois, N., **Rutledge, J.M.**, Harpel, T. S., & Yates, A. M. (2012, February). *Gender and ethnic trends in the relation between child obesity and self-esteem.* Poster presented at the annual meeting of the Louisiana Association for Family and Consumer Sciences, Lafayette, LA.
- Harrist, A. W., Anderson, J. S., Swindle, T. S., Page, M. C., **Rutledge, J. M.**, Hubbs-Tait, L., Topham, G. L., & Shriver, L. H. (2011, April). *Classroom social position of obese and at-risk rural 1st-grade children.* Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec, Canada.
- Harrist, A. W., **Rutledge, J. M.**, Dodge, K. A., Pettit, G. S., & Bates, J. E. (2010, March). *Relationally aggressive social problem solving: Early sociometric status differences by gender.* Poster presented at the biennial meeting of the Society for Research in Human Development, San Antonio, TX.
- Hubbs-Tait, L., Babb, D., Page, M. C., Topham, G. L., Kennedy, T. S., **Rutledge, J.**, Barrett, A. J., Shriver, L. H., Harrist, A. W. (2009, April). *Maternal characteristics differentiating first grade children above 75th versus below 50th percentile on BMI.* Poster presented at the annual meeting of the Federated American Societies for Experimental Biology, New Orleans, LA.
- Rutledge, J. M.**, Larzelere, R. E., Page, M. C., Harrist, A. W., Hubbs-Tait, L., & Topham, G. L.

(2009, April). *Gender and ethnic differences of parenting style and child weight over time: A latent growth curve analysis*. Poster presented at the biennial meeting of Society for Research on Child Development, Denver, CO.

Rutledge, J. M., Harrist, A.W., & Smith, M. (2008, August). *Using hands, using words, and using relationships to solve problems*. Poster presented at the American Psychological Association Convention, Boston, MA.

Rutledge, J.M., Jones, J.L., Okwonga, B.A., Ward, K.G., & Hubbs-Tait, L. (2008, April). *How are parenting and sociomoral reflection related in a sample of low-income mothers?* Poster presented at the biennial meeting of the Society for Research in Human Development, Little Rock, AR.

Harrist, A.W., **Rutledge, J. M.**, Bedford, A.B., Montemurro-Reding, P., Howell, N., Fuson, A.A., Wakefield, C., Dotson, R. A., Dodge, K. A., Pettit, G. S., & Bates, J. E. (2006, March). *Using relationships to get what you want: Relationally manipulative and relationally aggressive social problem solving*. Poster presented at the biennial meeting of the Society for Research in Human Development, Ft. Worth, TX.

GRANTS UNDER REVIEW

Swindle, T. M. (2021-2025). *Testing an adaptive implementation strategy to optimize delivery of obesity prevention in early care and education settings*. National Institutes of Health (NCI). Subaward to **J. M. Rutledge**: \$1,321,979.00 (Total Grant Requested = \$3,070,000). Co-Investigator and Site Lead.

Barrow, K. M., & **Rutledge, J. M.** (2019, September). Cycle Survival. Living Well Foundation. Requested funding amount: \$34,904. Co-Principal Investigator.

RESEARCH GRANTS FUNDED

Rutledge, J. M., & Swindle, T. M. (2019-2020). *WISE: together, We Inspire Smart Eating Nutrition Curriculum Year 6*. Lincoln Health Foundation. Amount Funded: \$68,870.00. Co-Principal Investigator.

Rutledge, J. M. (2019-2020). *Bulldog Book Club Year 7: Increasing Lincoln Parish preschoolers' access to books in the home*. Lincoln Health Foundation. Amount Funded: \$54,727.00. Principal Investigator.

Swindle, T. M. (2018-2020). *De-implementation of detrimental feeding practices in childcare*. National Institutes of Health (NIDDK). Subaward Funded to **J. M. Rutledge**: \$82,060.00 (Total Grant Funded = \$227,899). Site Lead.

Rutledge, J. M., & Chestnut, L. F. (2018-2019). *Bulldog Book Club Year 6: Increasing Lincoln Parish preschoolers' access to books in the home*. Lincoln Health Foundation. Amount Funded: \$60,812.00. Principal Investigator.

Rutledge, J. M., & Swindle, T. M. (2018-2019). *WISE: together, We Inspire Smart Eating Nutrition Curriculum Year 5*. Lincoln Health Foundation. Amount Funded: \$72,535.00. Co-Principal Investigator.

Rutledge, J. M., & Chestnut, L. F. (2017-2018). *Bulldog Book Club Year 5: Increasing Lincoln Parish preschoolers' access to books in the home*. Lincoln Health Foundation. Amount Funded: \$51,475.00. Principal Investigator.

- Rutledge, J. M., & Swindle, T. M.** (2017-2018). *WISE: together, We Inspire Smart Eating Year 4: Introduction of the school-based WISE program to Lincoln Parish Head Start as a preventative health program in early childhood.* Lincoln Health Foundation. Amount Funded: \$70,401.00. Co-Principal Investigator.
- Rutledge, J. M.,** Chestnut, L. F., Yates, A. M., & Pumphrey, A. H. (2016-2017). *Bulldog Book Club Year 4: Increasing Lincoln Parish preschoolers' access to books in the home.* Lincoln Health Foundation. Amount Funded: \$72,568.00. Principal Investigator.
- Rutledge, J. M., & Swindle, T. M.** (2016-2017). *WISE: together, We Inspire Smart Eating Year 3: Introduction of the school-based WISE program to Lincoln Parish Head Start as a preventative health program in early childhood.* Lincoln Health Foundation. Amount Funded: \$67,488.00. Co-Principal Investigator.
- Rutledge, J. M.,** Chestnut, L. F., Yates, A. M., & Pumphrey, A. H. (2015-2016). *Bulldog Book Club Year 3: Increasing Lincoln Parish preschoolers' access to books in the home.* Lincoln Health Foundation. Amount Awarded: \$79,000.00. Principal Investigator.
- Rutledge, J. M., & Swindle, T. M.** (2014-2016). *WISE: together, We Inspire Smart Eating: Introduction of the school-based WISE program to Lincoln Parish Head Start as a preventative health program in early childhood.* Lincoln Health Foundation. Amount Awarded: \$104,187.00. Co-Principal Investigator.
- Rutledge, J. M.,** Chestnut, L. F., McCollum, H. R., Pumphrey, A. H., Yates, A. M., & Ruffleth, E. P. (2014-2015). *Bulldog Book Club Year 2: Increasing Lincoln Parish preschoolers' access to books in the home.* Lincoln Health Foundation. Amount Awarded: \$71,000.00. Principal Investigator.
- Rutledge, J. M.,** Chestnut, L. F., McCollum, H. R., Pumphrey, A. H., & Yates, A. M. (2013-2014). *Bulldog Book Club: Increasing Lincoln Parish preschoolers' access to books in the home.* Lincoln Health Foundation. Amount Awarded: \$66,000.00. Principal Investigator.
- Rutledge, J. M. & McCollum, H. R.** (2012-2013). *PLAY: Promoting inclusion via literacy.* ANS Faculty Research Mini-Grant. Amount Awarded: \$800.00. Principal Investigator.
- McCollum, H. R., Yates, A. M., & **Rutledge, J. M.** (2012-2014). *Parent Academy project.* Lincoln Health Foundation. Amount Awarded: \$62,000.00. Co-Principal Investigator.
- Rutledge, J.,** McCollum, H., Chestnut, L., Harpel, T., & Pumphrey, A (2011). *Literacy promotion in early childhood.* ANS Faculty Research Mini-Grant. Amount Awarded: \$1,365.00. Principal Investigator.

ENRICH CENTER PRIVATE DONATIONS MANAGED

- Spring 2018, Pipes Foundation, \$50,000.00

CONTRACTS

- McCollum, H.R., Jackson, E., Lamptey, I., & Hughes, S. (2012-2014). *Rural health care services outreach grant program.* U.S. Dept of Health & Human Services Health Resources & Services Administration (HRSA). Amount Awarded: \$450,000.00.
Statistician.

McCollum, H. R., Murimi, M., Kim, Y., & Yates, A. M. (2010-2014). *Innovative diabetes self-management intervention through technology project*. Louisiana Board of Regents. Amount Awarded: \$80,000.00. **Consultant**.

INSTRUCTION AND DEVELOPMENT GRANTS FUNDED

Rutledge, J. M., & Percle, P. M. (2019). *Bulldog Book Club: Babies*. Lagniappe Ladies, Louisiana Tech University. Amount Requested: \$4,960.00. Co-author.

Rutledge, J. M., & Yates, A. M. (2016). *Center for Healthy Children: Furnishing new office space*. Lagniappe Ladies, Louisiana Tech University. Amount Awarded: \$5,000.00. Lead author.

Chestnut, L. F. & **Rutledge, J. M.** (2016). *Early Childhood Education Center: Furnishing the new building*. Lagniappe Ladies, Louisiana Tech University. Amount Awarded: \$5,000.00. Co-author.

Rutledge, J. M. (2014). *Introducing undergraduate students to developmental assessments in infant, toddler and early childhood development courses*. ANS Faculty Innovative Instruction Mini-Grant. Amount Awarded: \$1,350.00. Project Director and Course Instructor.

Rutledge, J. M., Chestnut, L. F., McCollum, H. R., Erickson, D., & Yates, A. M. (2013). *The oak tree outdoor learning center*. Lagniappe Ladies, Louisiana Tech University. Amount Awarded: \$5,000.00. Lead author.

TRAVEL GRANTS FUNDED

Rutledge, J. M. (2018-2019). Society for Research in Child Development, Baltimore, MD. Amount Awarded: \$2,399.66

Rutledge, J. M. (2017-2018). Society for Research in Human Development, Plano, TX. Amount Awarded: \$559.55

Rutledge, J. M. (2016-2017). Society for Research in Child Development, Austin, TX. Amount Awarded: \$1,468.49

Rutledge, J. M. (2015-2016). Society for Nutrition Education and Behavior, Pittsburgh, PA. Amount Funded: \$1,943.16

Rutledge, J. M. (2014-2015). Southern Gerontological Society, Williamsburg, VA. Amount Funded: \$1,980.00

Rutledge, J. M. (2014-2015). Society for Research in Child Development, Philadelphia, PA. Amount Awarded: \$1,638.72

Rutledge, J. M. (2013-2014). National Council on Family Relations, San Antonio, TX. Amount Awarded: \$1,675.57

Rutledge, J. M. (2012-2013). Society for Research in Child Development, Seattle, WA. Amount Awarded: \$2,003.92

SELECTED PRE-PROFESSIONAL EXPERIENCE

GRADUATE RESEARCH ASSOCIATE (*selected*)

- Families and Schools for Health (FiSH) January 2009-Dec 2009
 - Project Coordinator
 - Families and Schools for Health (FiSH) August 2008 – Dec 2008
 - Data Manager
 - Moms and Tots Study May 2008 – Dec 2008
 - Project Coordinator
 - Child and Adolescent Relationship Lab (CARL) May 2007-May 2008
 - Project Coordinator
- GRADUATE RESEARCH ASSISTANT (*selected*)
- Families and Schools for Health (FiSH) August 2006-May 2007
 - Assistant Project Coordinator and Child Interview Coordinator
 - Peer Group Intervention Leader
 - Social Development Lab August 2004-May 2006
 - Project Coordinator
 - Parenting Project—*Internet based research project* August 2004-May 2006
 - Research Assistant

INSTRUCTION

UNDERGRADUATE COURSES

- Developmental Disabilities Across the Lifespan
 - *Designed and Developed*
- Developing Emotional Intelligence in Young Children (special issues course)
 - *Designed and Developed*
- Early Childhood Development
- Infant and Toddler Development
- International Family Studies
- Introduction to Family and Child Studies
 - Significantly modified on behalf of program
- Issues in Gerontology
- Parenting
- Psychosocial Factors of Childhood Obesity (special issues course – also taught as a graduate course)
 - *Designed and Developed*
- Research Methods in Family and Child Studies

GRADUATE COURSES

- Research Methodology
- Microcomputer Applications of Research

ACADEMIC ADVISING

- Academic advisor for undergraduate students majoring in Family and Child Studies. Advising occurs on a quarterly basis three times per year. Typically have between 30 and 50 advisees.

SELECTED PRE-PROFESSIONAL EXPERIENCE (OK STATE)

- ADJUNCT PROFESSOR January 2010-May 2010
- Infant and Child Development
- CONSULTANT
- Research Methods Course June 2009-Dec 2009
 - Advise and consult on teaching course
- INSTRUCTOR OF RECORD
- Introduction to Research Methods January 2009-May 2009
- GRADUATE TEACHING ASSOCIATE
- Introduction to Research Methods August 2008 – Dec 2008
 - Parenting: A Lifespan Perspective January 2008-May 2008
 - Lifespan Human Development August 2007-Dec 2007
- GRADUATE TEACHING ASSISTANT
- Parenting: A Lifespan Perspective January 2006-May 2006
August 2006-Dec. 2006

SELECTED INVITED GUEST LECTURES

- Community Nutrition April 1, 2014
 - Early Childhood Obesity
- Techniques for Observing and Assessing Young Children February 15, 2011
 - Behavioral/Psychosocial Assessments
- Introduction to Research Methods October 15, 2009
 - Conducting Experiments
- Graduate Research Methods October 12, 2009
 - Concept Maps Discussion
- Introduction to Research Methods September 1, 2009
 - Library Research
- Introduction to Research Methods November 25, 2008
 - Description and Correlation
- Lifespan Human Development October 16, 2007
 - Language Development
- Parenting: A Lifespan Perspective September 14, 2007
 - Intergenerational Transmission of Parenting

ACADEMIC SERVICE

COMMITTEES

- Sponsored Projects Working Group
Faculty Representative January 2018-present

University Research Council <i>College of Applied and Natural Sciences Representative</i>	September 2016-present
Administrative and Planning Council <i>University Senate Representative</i>	September 2016-June 2017
Behavioral Standards Committee <i>College of Applied and Natural Sciences Representative</i>	September 2015-present
Unit Assessment Committee <i>School of Human Ecology</i>	September 2014-August 2016
Ad Hoc Recruiting Committee <i>College of Applied and Natural Sciences</i>	September 2014-August 2015
Advisory Council to the Dean <i>College of Applied and Natural Sciences School of Human Ecology Representative</i>	September 2014-August 2016
Society for Research in Human Development <i>President</i> <i>President-Elect</i> <i>Secretary</i>	March 2018-present March 2016-March 2018 March 2014-March 2016
Louisiana Association of Family and Consumer Sciences <i>Secretary (elected position)</i> <i>Annual Conference Scholarship Chair</i>	June 2014-June 2017 June 2013-June 2014
University Work-Life Policy Committee <i>Committee Member 2013-2016</i> <i>University Senate Representative 2016-2018</i>	May 2013-present
Interdisciplinary Gerontology Minor <i>Program Evaluation Committee</i>	November 2012-present
University Senate <i>Ex-Officio President 2017-2018</i> <i>President (elected position) 2016-2017</i> <i>Vice President (elected position) 2015-2016</i> <i>College of Applied and Natural Sciences Faculty Representative</i> <i>Executive Committee 2014-2015</i> <i>Academic and Student Affairs Sub-Committee 2014-2015</i> <i>Parliamentarian (elected position) 2013-2014</i> <i>Policies and Procedures Sub-Committee 2013-2014</i> <i>Campus Quality of Life Sub-Committee 2012-2013</i>	September 2012-August 2018
School of HEC AAFCS Work Group <i>Committee Member</i>	September 2012-March 2015
School of Human Ecology Administrative Council <i>Family and Child Studies Representative</i>	September 2012-August 2016
Family and Child Studies Faculty Search Committee <i>Chair</i>	January 2014 – June 2014

<i>Committee Member</i>	May 2012-August 2012
ANS Research Committee	February 2013
<i>Proxy Representative – Faculty Research Awards</i>	February 2012
School of HEC Image, Visibility, and Web Committee <i>Chair 2011-2012</i>	September 2011-August 2015
School of Human Ecology Merit Committee <i>Tenure Track Faculty Representative</i>	September 2011-May 2012
ENRICH Center/Center for Children and Families <i>ENRICH Center Director 2017-present</i> <i>Center for Children and Families Director 2015-present</i> <i>Center for Children and Families Co-Director 2011-2015</i> <i>Oversight of Annual Bruce Everist Lecture Series</i>	June 2011-present
<ul style="list-style-type: none"> • 2018: <i>ENRICH Center Kick Off Event featuring Dr. Temple Grandin</i> • 2016-2017: <i>Budgets in the Bayou: Kelly Brantley</i> • 2015-2016: <i>Love Your Body</i> • 2014-2015: <i>Raising public consciousness about social rejection in its many forms – A screening of REJECT: A documentary film and panel discussion</i> • 2013-2014: <i>Dr. Stephanie Broyles, Pennington Biomedical Center/Child Obesity</i> • 2012-2013: <i>Love is Louder Than Bullying Panel Discussion</i> • 2011-2012: <i>Race to Nowhere Film and Discussion</i> 	
<i>Oversight of Annual Community Service Event</i>	
<ul style="list-style-type: none"> • 2018-2019 <i>Max’s Pencil Project through the ENRICH Center</i> • 2017-2018 <i>Max’s Pencil Project</i> • 2016-2017 <i>Max’s Pencil Project</i> • 2015-2015 <i>Warm Things Drive for The Arbor and Terrace</i> • 2014-2015 <i>The Arbor and Terrace BINGO Drive</i> • 2013-2014 <i>The Arbor and Terrace BINGO Drive</i> • 2012-2013 <i>Holiday DART Drive</i> • 2011-2012 <i>Supported two speakers (breastfeeding expert/children’s book author)</i> 	
HEC Scholarship Committee <i>Family and Child Studies Faculty Representative</i>	March 2011-present
Program Development Committee <i>School of Human Ecology, Family and Child Studies</i> <i>Chair 2012-2015</i> <i>Co-Chair 2015-2016</i> <i>Co-Chair 2018-2019</i>	February 2011-present

REVIEWER

Textbooks <i>Oxford University Press</i>	January 2015
Manuscripts <i>Infant and Child Development</i>	August 2014

<i>Family Relations</i>	June 2013
<i>Early Education & Development</i>	June 2013
Honors College Research Symposium <i>Faculty Judge</i>	April 2012
Nutrition Class Final Projects <i>Faculty Evaluator</i>	May 2015; February 2014; May 2013; May 2011
Science and Engineering Fair <i>Faculty Judge</i>	February 2017 February 2016; February 2014; January 2013; February 2011
Louisiana Tech University Student Research Symposium <i>Faculty Judge – Poster Presentations</i>	February 2017; February 2016
College of Applied and Natural Sciences Day <i>Faculty Judge – Oral Presentations</i>	April 2017
Conference Submissions	
<i>Society for Nutrition Education and Behavior</i>	January 2017; January 2016
<i>Southeast Council on Family Relations</i>	January 2013
<i>Society for Research in Child Development</i>	September 2014; September 2010
<i>Society for Research in Human Development</i>	December 2015; January 2012; January 2010

STUDENT GROUP FACULTY ADVISOR

Kappa Omicron Nu <i>Omicron Beta Beta Chapter, National Honor Society</i>	April 2011-present
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INVITED PANEL MEMBER/SPEAKER

Children’s Preventative Health and Social Development: Bulldog Book Club and We Inspire Smart Eating Programs – <i>Sigma Xi Research Society</i> <i>Invited Speaker</i>	January 2017
Children’s Preventative Health and Social Development: Bulldog Book Club and We Inspire Smart Eating – Lincoln Health Foundation Annual Meeting <i>Keynote Speaker with Dr. Taren Swindle, UAMS</i>	May 2016
Love Your Body <i>PsychoSocial Impact of Body Image</i>	February 2016
Raising public consciousness about social rejection in its many forms – A screening of REJECT: A documentary film and panel discussion – 2015 Bruce Everist Lecture Series <i>Social Acceptance in Early Childhood Expert</i>	February 2015
Infusing Critical Thinking into Curriculum – ADVANCE lunch series <i>Invited Guest Speaker</i>	November 2014
Love is Louder than Bullying – 2013 Bruce Everist Lecture Series	February 2013

*Children's Social Development/Obesity Expert***MISCELLANEOUS**

ENRICH Center @ 4H Achievement Day <i>Invited Nutrition Program for 130 4th-6th graders</i>	March 2019
Library Vision Focus Group	October 2015
Cans for H.A.T.S. Drive <i>Organizer</i> <i>*2013 - Largest donation received at one time from one organization</i>	March-May 2013; March-May 2014
School of Human Ecology E-Newsletter <i>Creator and Editor</i>	December 2012-December 2013
Lincoln Parish School Board Annual Family Night <i>Presenter – Bullying</i>	November 2012

RECOGNITION

University Senate Chair Award <i>Louisiana Tech University</i> Received	Fall 2018
F. Jay Taylor Undergraduate Teaching Award <i>Louisiana Tech University</i> Received	Spring 2018
Volunteer of the Year <i>Lincoln Parish Schools</i> Received	Spring 2017
KEYS Champion Program – Bulldog Book Club <i>Lincoln Parish Schools</i> Received	Spring 2018; Spring 2017
Professor of the Year Award <i>School of Human Ecology</i> Received Nominated	Spring 2018 Spring 2017
Mary Belle Tuten Award for Outstanding Advisor/Mentor <i>School of Human Ecology</i> Received	Spring 2016
Faculty Teaching Award <i>School of Human Ecology</i> Nominated	Spring 2016
Faculty Research Award <i>School of Human Ecology</i> Received	Spring 2016
Faculty Service Award	

<i>School of Human Ecology</i>	
Nominated	Spring 2016
Virgil Orr Undergraduate Junior Faculty Award	
<i>Louisiana Tech University</i>	
Nominated	Spring 2015
Finalist	Spring 2014
Vanguard Visionary Educator Award	
<i>Louisiana Tech University</i>	
Finalist	Fall 2014
Scholarly Activity Award	
<i>College of Applied and Natural Sciences</i>	
Received	Spring 2015; Spring 2014
Nominated	Spring 2018; Spring 2017 Spring 2016
Research Award	
<i>College of Applied and Natural Sciences</i>	
Nominated	Spring 2018; Spring 2017 Spring 2016
John D. Griffin Award for Outstanding Faculty Service	
<i>College of Applied and Natural Sciences</i>	
Received	Spring 2014
Nominated	Spring 2018; Spring 2017 Spring 2013; Spring 2012
Faculty Teaching Award	
<i>College of Applied and Natural Sciences</i>	
Received	Spring 2016
Nominated	Spring 2014; Spring 2013 Spring 2012
Service-Learning/Community Service – General Service Section	Fall 2012
Engaging the Aging Service-Learning Project from FCS 447	
<i>1 of 3 Louisiana Tech University recognized service-learning projects.</i>	
<i>Project sent for consideration to University of Louisiana System</i>	
<i>as Louisiana Tech University representative for outstanding state projects.</i>	
Mildred Trussell McGehee Endowed Professor	2011-present
Graduate Student Research Award: Most Outstanding Paper	2008
<i>Society for Research in Human Development Conference</i>	
E. L. Aagot Jorgenson Memorial Fellowship	2007-2009
OSU Foundation Distinguished Graduate Fellowship	2006-2009
<i>R. Bynum Smith Fellowship</i>	

PROFESSIONAL DEVELOPMENT

- Stats Camp – Program Evaluation and Cost-Benefit Analysis – June 3-8, 2018 – Albuquerque, NM

- Quality Matters Training – Two-Week Online Training – February 6 – 17, 2017 – Ruston, LA
- What Works Conference: Breaking the Cycle – Children’s Coalition for Northeast Louisiana – December 9, 2016 – Monroe, LA
- Major Proposal Development Workshop – Biomedical/Health – Academic Research Funding Strategies LLC – December 5, 2016 – Ruston, LA
- Proposal Development Workshop – Academic Research Funding Strategies LLC – March 7-8, 2016 – Ruston, LA
- Presenting Scientific Research with Persuasion – Dr. Shane Puckett – Louisiana Tech University – February 5, 2016 – Ruston, LA
- What Works Conference: Safe and Healthy Children – Children’s Coalition for Northeast Louisiana – January 28, 2016 – Monroe, LA
- ADVANCE meetings on teaching, research, and service – ADVANCE grant – Louisiana Tech University – Ruston, LA
 - October 2015: Negotiation; January 2016: Becoming a More Effective Faculty Member
- Writing for *Dimensions of Early Childhood* – January 15, 2015 – Southern Early Childhood Association Conference – New Orleans, LA
- ADVANCE meetings on teaching, research, and service – ADVANCE grant – Louisiana Tech University – Ruston, LA
 - September 2014: Paradigm Shift: Higher Education
 - October 2014: Demystifying Tenure
 - November 2014: Critical Thinking and Characteristics of Great College Teachers
 - December 2014: Establishing Externally Funded Research
- Board of Regents Grant Submissions – October 9, 2013 – Office of University Research – Louisiana Tech University – Ruston, LA
- Critical Thinking Workshop – March 22-24, 2013 – The Center for Critical Thinking – Berkeley, CA
- Finding Funding Workshop – April 10, 2012 – Office of University Research – Louisiana Tech University – Ruston, LA
- Grant Management Workshop – February 14, 2012 – Office of University Research – Louisiana Tech University – Ruston, LA
- Grants.gov Workshop – January 10, 2012 – Office of University Research – Louisiana Tech University – Ruston, LA

PROFESSIONAL MEMBERSHIPS AND CERTIFICATIONS

Society for Nutrition Education and Behavior	2014-present
American Association of Family and Consumer Sciences	2013-present
Louisiana Association of Family and Consumer Sciences <i>Secretary 2014-2017</i> <i>Annual Conference Scholarship Chair 2013-2014</i>	2013-present
CPR and First Aid for Infants – Adults	2012-2014
Certified Family Life Educator <i>Certification Exam Taken Through NCFR</i>	2012-present

National Council on Family Relations	2012-present
Online Teaching Certification	May 2010
American Psychological Association	2009-present
Golden Key International Honor Society	2007-present
Society for Research in Child Development	2006-present
Society for Research in Human Development	2006-present
<i>President 2018-2020</i>	
<i>President Elect 2016-2018</i>	
<i>Secretary 2014-2016</i>	
Kappa Omicron Nu	2006-present
<i>Faculty Advisor 2011-present</i>	
Psi Chi	2003-present