

# Rhonda Grafton Boyd



## **Courses Taught:**

KINE 128: Beginning Golf  
KINE 206: Adult Fitness Chair  
KINE 280: Dance Appreciation  
KINE 290: Personal & Community Health  
KINE 406: Health Aspects of Aging  
KINE 425: Practicum (Field Supervisor)

## **Educational Credentials:**

Post-Baccalaureate Certification	University of Louisiana; Monroe, LA (Gerontology), 1989
Masters of Education	University of Louisiana; Monroe, LA (Health & Physical Education), 1988 Emphasis in Exercise Science
Bachelor of Science	Louisiana Tech University; Ruston, LA (Business Administration), 1986 Emphasis in Marketing

## **Teaching Experience:**

Instructor	Louisiana Tech University, 2002 - present
Instructor	University of Louisiana - Monroe, 1989-1992

## **Professional Experience:**

Kinesiology Social Media Coordinator	Louisiana Tech University 2017 - present
Adult Fitness Program Coordinator	Louisiana Tech University, 2007 - 2017
Health Educator	Louisiana Tech University North Central Alliance Partners in Prevention, 2003 - 2008
Executive Director	Med Camps of Louisiana, 1998- 2001
Exercise Instructor	HCA North Monroe Hospital, 1995-1996
Natorium Program Coordinator	University of Louisiana – Monroe, 1993-1995

## **Selected Presentations:**

1. Reeves, C.R. & Boyd, R.G. *Comparing Exercise Intensity Measurements for Optimal Results in Aquatic Exercise*. (Accepted presentation for American Alliance for Health, Physical Education, Recreation and Dance National Convention and Expo. April 2013).
2. Ciciarella, C., Dornier, L., Boyd, R., & Reeves, C. (2012, March). *Abilities That Predict Fitness in the Elderly*. Poster presentation at the 2012 AAHPERD Convention & Exposition, Boston, MA.
3. Hagar, R., George, J., Boyd, R., Reeves, C., and Lockhart, B. (2012, March). *Interval Training and Functional Fitness for Seniors*. Presentation collaboration for the 2012 AAHPERD Convention & Exposition, Boston, MA.
4. Boyd, R.G. & Reeves, C.S. (2011, April). *The Dynamic Duo: Strength and Balance Circuits to Prevent Falls*. Presented at the 2011 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, San Diego, CA.
5. Boyd, R.G. (2009, November). *Your Brain on Alcohol: Alcohol Prevention Lesson Plans for Elementary School through College Using Fatal Vision Goggles*. Presented at the 75<sup>th</sup> Annual Louisiana Association for Health, Physical Education, Recreation and Dance Convention, Baton Rouge, LA.

### **Grants:**

1. Louisiana Tech Lagniappe Ladies for \$1651.67 to purchase new equipment for the Adult Fitness Program, 2011.
2. Co-Principal Investigator with Dr. Tommy Grafton. Project Northland. \$194, 100 Federal grant through the Louisiana Department of Health and Hospitals Office for Addictive Disorders. Project Period: 7-1-09/6-30-10.
3. Co-Principal Investigator with Dr. Tommy Grafton. Project Northland. \$193, 555 Federal grant through the Louisiana Department of Health and Hospitals Office for Addictive Disorders. Project period: 7-1-08/6-30-09.
4. Co-Principal Investigator with Dr. Tommy Grafton. Claiborne Parish Partners in Prevention. \$51, 104 federal grant through the Louisiana Department of Health and Hospitals Region VII Office for Addictive Disorders. Project period 7-1-08/6-30-09.

### **Academic Honors & Awards:**

Louisiana Tech Faculty Advisor of the Year, 2021  
College of Education Faculty Advisor of the Year, 2021  
Lambda Sigma Honor Society April Teacher of the Month, 2018  
Virgil Orr Junior Faculty Award, 2013  
Louisiana Association of Health, Physical Education, Recreation and Dance Health Educator of the Year Colleges/Universities, 2013  
F. Jay Taylor Undergraduate Teaching Award, 2011  
College of Education Outstanding Faculty Advisor, 2010  
Department of Kinesiology Outstanding Teaching Award, 2009

### **Certifications:**

Certified in CPR & First Aid

### **Professional Memberships:**

LAHPERD: Louisiana Association of Health, Physical Education, Recreation and Dance