

**C. Smiley Reeves, MS, CEP**  
**College of Education**  
**Department of Kinesiology**  
**Virgil Orr Junior Faculty Award 2022**  
**Nominee Information**

**A) List of Courses Taught and Overall Teacher Evaluation: This is my 20<sup>th</sup> year of teaching at La Tech. I have listed the last two years of courses taught and overall teacher evaluations.**

<b>QUARTER</b>	<b>COURSE</b>	<b>9<sup>TH</sup> DAY/FINAL</b>	<b>RATING</b>		
<b>Spring 2022</b>	Adult Fitness Water Exercise	KINE 206(001)	66/66		
	First Aid, CPR & AED	KINE 220(084)	40/40		
	First Aid, CPR & AED	KINE 220(184)	40/40		
	Exercise Testing & Prescription	KINE 407(001)	40/40		
	Sports & Physical Fitness Facilities	KINE 410(V84)	35/35		
	Undergraduate Internship	KINE 415F(098)	14/14		
	Undergraduate Internship	KINE 415F(099)	4/4		
	Undergraduate Internship	KINE 415C(098)	6/6		
	Undergraduate Internship	KINE 415C(099)	1/1		
<b>Winter 2022</b>	Adult Fitness Water Exercise	KINE 206(001)	37/37	4.0	
	Adult Fitness Water Exercise	KINE 206(002)	31/31		
	First Aid, CPR & AED	KINE 220(084)	50/44		3.9
	First Aid, CPR & AED	KINE 220(V84)	50/49		3.9
	Sports & Physical Fitness Facilities	KINE 410(001)	25/25		3.7
	Undergraduate Internship	KINE 415F(098)	6/6		
	Undergraduate Internship	KINE 415F(099)	6/6		
Undergraduate Internship	KINE 415C(098)	6/6			
<b>Fall 2021</b>	Adult Fitness Water Exercise	KINE 206(001)	41/41	4.0	
	Adult Fitness Water Exercise	KINE 206(002)	33/33		
	First Aid, CPR & AED	KINE 220(084)	40/40		
	First Aid, CPR & AED	KINE 220(V84)	50/48		
	Sports & Physical Fitness Facilities	KINE 410(V84)	28/28		3.9
	Undergraduate Internship	KINE 415F(098)	5/5		
	Undergraduate Internship	KINE 415F(099)	1/1		
	Undergraduate Internship	KINE 415C(098)	3/3		
	Undergraduate Internship	KINE 415C(099)	1/1		
<b>Summer 2021</b>	Adult Fitness Water Exercise	KINE 206(001)	35/35		
	Safety Education	KINE 300 (684)	13/13		
	Sports & Physical Fitness Facilities	KINE 410(684)	20/19		
	Undergraduate Internship	KINE 415F (098)	8/8		
	Undergraduate Internship	KINE 415F (099)	3/3		
	Undergraduate Internship	KINE 415C (098)	6/6		
<b>Spring 2021</b>	First Aid, CPR & AED	KINE 220(084)	40/38	3.9	
	First Aid, CPR & AED	KINE 220(184)	40/40	4.0	
	Exercise Testing & Prescription	KINE 407(001)	40/40	4.0	
	Sports & Physical Fitness Facilities	KINE 410(V84)	35/35	3.9	
	Undergraduate Internship	KINE 415F(098)	14/14		
	Undergraduate Internship	KINE 415F(099)	4/4		
	Undergraduate Internship	KINE 415C(098)	6/6		
	Undergraduate Internship	KINE 415C(099)	1/1		
	<b>Winter 2021</b>	First Aid, CPR & AED	KINE 220(084)	50/49	3.9
First Aid, CPR & AED		KINE 220(184)	50/50	3.8	
Safety Education		KINE 300(V84)	41/40	4.0	
Sports & Physical Fitness Facilities		KINE 410(V84)	36/36	3.8	
Undergraduate Internship		KINE 415F(098)	7/7		
Undergraduate Internship		KINE 415F(099)	1/1		
Undergraduate Internship		KINE 415C(098)	4/4		
Undergraduate Internship		KINE 415C(099)	1/1		
<b>Fall 2020</b>	Adult Fitness Water Exercise	KINE 206(V84)	19/19	4.0	
	Adult Fitness Water Exercise	KINE 206(084)	14/14		
	First Aid, CPR & AED	KINE 220(084)	42/42		
	Sports & Physical Fitness Facilities	KINE 410(V84)	34/34		3.9

	Undergraduate Internship	KINE 415F(098)	14/14	
	Undergraduate Internship	KINE 415F(099)	3/3	
	Undergraduate Internship	KINE 415C(098)	2/2	
	Undergraduate Internship	KINE 415C(099)	1/1	
<b>Summer 2020</b>	Safety Education	KINE 300 (384)	8/8	
	Safety Education	KINE 300 (684)	5/5	
	Undergraduate Internship	KINE 415F (098)	21/21	
	Undergraduate Internship	KINE 415C (098)	3/3	
	Undergraduate Internship	KINE 415C (099)	1/1	
<b>Spring 2020</b>	Adult Fitness Water Exercise	KINE 206(001)	57/57	
	Adult Fitness Water Exercise	KINE 206(002)	57/57	
	First Aid, CPR & AED	KINE 220(001)	42/41	4.0
	Exercise Testing & Prescription	KINE 407(001)	35/35	3.8
	Undergraduate Internship	KINE 415F(098)	22/22	
	Undergraduate Internship	KINE 415F(099)	1/1	
	Undergraduate Internship	KINE 415C(098)	2/2	
	Undergraduate Internship	KINE 415C(099)	1/1	
	Faculty member meets or exceeds university averages for student evaluations and consistently rates 3.9-4.0 in most courses.			
<b>Supervisor Evaluations</b>	2020-2021 Instruction-Outstanding, Research Scholarly Productivity-Outstanding, Service & Collegiality-Exemplary 2021-2022 Instruction-Outstanding, Research Scholarly Productivity-Outstanding, Service & Collegiality-Exemplary			

**B) Statement of Beliefs Concerning the Importance of Teaching, Research, and Community/ University Service to the Overall Mission of the University:**

Teaching at Louisiana Tech is not just a job to me, it is a privilege. It is a joy to go to work each day to teach, guide, interact, support, and assist students and colleagues. In the words of a great teacher and poet Maya Angelou “When you get, give. When you learn, teach”. I have been rewarded so many times in my 20 years at Louisiana Tech. In teaching, I find students are open to knowledge. They yearn for new skills and welcome professional development opportunities in preparation for their future. In Kinesiology many students are in the clinical curriculum and plan to go on to allied health professions. Having worked in a hospital for ten years I have had the opportunity to experience inpatient and outpatient therapy, hospital based wellness programs, community health, and corporate wellness. All of these experiences apply to each of the three degrees offered in Kinesiology. Regardless of the degree tract a student pursues, clinical, health promotion, or teacher education tract, they will use the knowledge, skills, and dispositions they gain in the classroom. It is my philosophy that learning by practical experience is the best teaching method. Coordinating community service events such as first aid in schools, data collection from fitness assessments on adults and children, and the undergraduate internship program allow students opportunities to gain interactive experiences. In KINE 220 First Aid, students provide basic first aid skills development in area elementary schools. Stations are set up and staffed by students in the course where they instruct groups of elementary students in bleeding control, splinting, rescue moving victims, and CPR & AED training. Integrating service learning with other effective teaching strategies provides meaningful community service, improves the health of community members, promotes servant leadership, and enhances the reflective capacity of students as professionals. KINE 407 Exercise Testing and Prescription gets students into the labs for hands on experience with anthropometric assessments and prescription. They learn to apply clinical and field testing modalities. In KINE 410, students design a multipurpose facility that will accommodate outpatient therapy, commercial fitness, sports management, or multipurpose sports and recreation facilities. Students in the course collaborate with the School of Design, Athletics Facilities and Operations, and the Lambright Center. This is a course I particularly enjoy teaching because as a young professional just out of graduate school I was asked by the hospital to design a fitness/outpatient cardiac rehabilitation facility. I quickly found my facility design text from undergraduate school and went to work getting important standards and guidelines needed to meet with the architects. I share that experience with my students because it will happen to them too. I want them to have the resources they need to research pertinent information, know what the industry guidelines and standards are, and be familiar with risk management in their professions. Education is more than relaying content material; it is a culmination of knowledge, skills, and development of dispositions for success in life and business. Thank you for your consideration of the Virgil Orr Junior Faculty Award. I am honored and humbled by the nomination.

### **C. Selected Presentations & Grants:**

- Chen, Yu Chun, **Reeves, C.S.**, (April 28, 2022). “*Making Pre-Service Teachers More Marketable: What Else Can They Do?*” Society of Health and Physical Educators, New Orleans, La.
- **Reeves, CS**, Boyd, R., (April 30, 2022). “*Adult Fitness Programs in Collegiate Settings*”. LCRISA, Louisiana Collegiate Recreation, Intramural, and Sport Association, Natchitoches, La.
- ACSM Virtual Annual Meeting, World Congress on Exercise is Medicine, (June 1-5, 2021). “*Assessment of Blood Pressure Responses to Various Load Bearing Apparatuses in Law Enforcement Officers*”, ePoster presentation and abstract published in *Medicine and Science in Sports and Exercise*, Volume 53:5, (June 2021). Castleberry, Singh, **Reeves**, Hoof, Roberson, Peveto, Ziepke, Fisher, Kibodeaux.
- **Reeves, C.S.**, Chen, Yu Chun, and Deal, Lacey (March 22, 2021), “*COVID-19 pandemic attack! Nobody saw it coming! What did teachers do to deliver quality content in their classes, especially those that require field experience? How students performed in those classes?*” Louisiana Association of Health, Physical Education, Recreation, and Dance Convention, Baton Rouge, La.
- **Reeves, C.S.**, Chen, Schilling, and Deal (November 2017) *WIN WIN Service Learning Partnerships that benefit K-12 students in instruction and reflection for stronger communities*. Presented at the Louisiana Association of Health, Physical Education, Recreation, and Dance convention, Baton Rouge, La.
- **Reeves, C.S.**, (November 2017) *Life Saving First Aid in Schools*. Presented at the Louisiana Association of Health, Physical Education, Recreation, and Dance convention, Baton Rouge, La.
- **Reeves, C.S.**, and Deal, L, (Jan 2017). *Comparison of Perceived Exercise Intensity and Target Heart Rate for Adults in Aquatics Exercise*. Presented at Society of Health and Physical Educators Southern District and Louisiana Association of Health, Physical Education, Recreation, and Dance, Baton Rouge, La
- Chen, Y., and **Reeves, C.S.** and Boyd, R.G. (March 2015) *Participation Styles of Senior Adults in Fitness Classes*. Presented at the Society of Health and Physical Educators (SHAPE) National Convention and Expo. Seattle, WA.
- Boyd, R.G. and **Reeves, C.S.** (November 2014) *Bridging the Gap: Community Partnerships in Health Education*. Louisiana Association for Health, Physical Education, Recreation, and Dance Convention. Baton Rouge, La.
- **Reeves, C.S.** & Boyd, R.G. (2013, November). *H2O Fitness for Everyone*. Pre-Convention Workshop presentation 2013 Louisiana Association for Health, Physical Education, Recreation, and Dance Annual Convention, Baton Rouge, LA.
- Boyd, R.G. & **Reeves, C.S.** (2013, November). *Intergenerational Games*. Louisiana Association for Health, Physical Education, Recreation & Dance Convention. Baton Rouge, La.
- **Reeves, C.S.** & Boyd, R.G. (2013, April) *Comparing Exercise Intensity Measurements for Optimal Results in Aquatic Exercise*. Presented at the 2013 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition. Charlotte, SC.
- Boyd, R.G. & **Reeves, C.R.** (2012, November) *Sensitivity Training: Helping Children Understand Conditions Associated with Aging*. Presented at the 2012 Louisiana Association for Health, Physical Education, Recreation, and Dance Annual Convention, Baton Rouge, LA.
- Ciccirella, C., Dornier, L., Boyd, R., & **Reeves, C.S.** (2012, March) *Abilities That Predict Fitness in the Elderly*. Poster presentation at the 2012 AAHPERD Convention & Exposition, Boston, MA.
- Hagar, R., George, J., Boyd, R., **Reeves, C.S.**, and Lockhart, B. (2012, March). *Interval Training and Functional Fitness for Senior Adults*. Presentation collaboration for the 2012 AAHPERD Convention & Exposition, Boston, MA.
- **Reeves, C.S.** & Boyd, R.G., (2011, March). *The Dynamic Duo: Strength and Balance Circuits to Prevent Falls*. Presented at the 2011 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, San Diego, CA.
- **Reeves, C. S.** & Boyd, R.G. (2011, January) *Preventive Health Practices & Medicare Coverage*. Presented at the Lincoln Parish Council on Aging, Ruston, La.
- **Reeves, C.**, Boyd, R., Ciccirella, C., Dornier, L., & Szymanski, D. (2009, November). *Effects of Exercise on Adults 55 and Older*. Poster presented at the 2009 Annual Louisiana Association for Health, Physical Education, Recreation and Dance Convention, Baton Rouge, LA.
- Boyd, R.G. & **Reeves, C.S.** (2009, April). *For Adults Only: Part 2: Land Based Exercise*. Presented at the 2009 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, Tampa Bay, FL. (Author only, Reeves presented as I was unable to attend due to family medical emergency)
- **Reeves, C.S.** & Boyd, R. (2009, April). *For Adults Only: Part 1: Water Aerobics*. Presented at the 2009 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, Tampa Bay, FL.

### **Grants:**

- Lagniappe Ladies Grant Funding with Vishesh Singh, February 2021, funded \$4750.
- Faculty member applies for grant funding annual with Lagniappe Ladies and Student Technology Fee Grants.
- SGA grant for La Tech Karate Team; funded \$500 Spring Quarter 2018
- SGA grant for Phi Epsilon Kappa Honor Fraternity; funded \$500 Fall Quarter 2012.
- Co-Author CPR/First Aid Grant with Dr. Ciciarella; funded \$2500 Fall Quarter 2008.
- Co-Author First Campus Emergency Alert Grant with Dr. Ciciarella; funded \$5000 Summer Quarter 2008.

### **D. Selected List of Community/University Service Activities:**

- ULS Academic Summit presenter at GSU, "Teach Them to Learn" (April 11, 2019), Presenter at ULS Academic Summit, "Add Service-Learning Projects for a Better and Meaningful Experience". (March 22, 2021), and virtual summit presenter 2020.
- Faculty member served on Faculty Senate for COE 2018-2019 (as interim senator)
- Faculty member was elected to serve COE on Faculty Senate 2019-2021
- Faculty member participates in KINE Showcase at La Tech Academic Excellence Center in Bossier City (April 21, 2021) and (December 13, 2021)
- La Tech Admissions Virtual Recruiting Event with Kinesiology, Faculty panel for breakout sessions. 25 registered prospective students, (April 21, 2021)
- La Tech Graduate & Professional School Fair, staffed booth with Dr's Parks, Castleberry, Qiao, , La Tech & Blazo (October 28, 2021)
- Professors in the Plaza sponsored by SGA, staffed KINE table. (October 14, 2021)
- Faculty member provides departmental tours to prospective students and family members.
- Faculty member served as judge for Undergraduate Research Symposium sponsored by COE (December 2019) and (February 2022).
- Coordinates Quarterly KINE Seminars, 15-20 annually.
- Coordinator of Kinesiology Undergraduate Internship Program (2009-2022)
- Faculty Advisor for Phi Epsilon Kappa National Honor Fraternity in Kinesiology (2011-2022)
- Faculty Advisor for Exercise Science and Physical Education Organization (2009-2012)
- Faculty Advisor for La Tech Karate Team (2010-2020)
- Faculty Advisor for Early Advisement, Summer Orientation Sessions, Drop/Add, & Late Registration (2001-2018)
- Search Committee member for new faculty in Kinesiology Department (2013-2022)
- Kinesiology Co-Coordinator La Tech Wellness Day (2010-2022)
- College of Education A.E. Phillips Laboratory School Emergency Operations and Crisis Management Team 2012-2013
- Judge for Louisiana Region 2 Science and Engineering Fairs Elementary and Junior High Divisions (2010, 2013)
- Co-Chair College of Education Special Initiatives Committee (2009-present)
- NCATE 2010 Standard 2: Assessment System and Unit Evaluation
- NCATE 2010 Hospitality Committee
- Faculty Advisor for Legacy Day (2013-2022) and Time Out for Tech (2008-2020)
- Career Center Annual Career Day Registration Volunteer (2011-2018)
- Coordinator, SGA Fit Day in the Quad (November 5, 2013)
- COE La Gear Up Grant, Camp Counselor CPR/AED/First Aid Certification Instructor (April 2011-2016).

### **Selected Honors and Awards:**

- Faculty Senate nomination for F Jay Taylor Teaching Award March 2018
- Louisiana Association of Health, Physical Education, Recreation & Dance Health Educator of the Year 2016
- College of Education Virgil Orr Junior Faculty Nominee 2015
- COE Virgil Orr Junior Faculty Nomination 2014
- Department of Kinesiology Outstanding Service Award 2011
- Department of Kinesiology Outstanding Teaching Award 2009
- College of Education Outstanding Faculty Advisor Award 2008
- Department of Health & Exercise Science Outstanding Teaching Award 2007
- Department of Health & Exercise Science Outstanding Service Award 2005

### **Regional and National Societies:**

- Louisiana Association of Exercise Physiologists
- Louisiana State Board of Medical Examiners Licensee Clinical Exercise Physiologist
- Louisiana Association of Health, Physical Education, Recreation, and Dance (LAHPERD)
- Society of Health and Physical Educators (SHAPE)
- American Heart Association Basic Life Support Instructor & Health Care Provider Instructor
- Emergency Care and Safety Institute CPR/First Aid Instructor

