

Cheer Tryout Information

1. **Deadline for the application packet is Sunday, April 20, 2025. Mail it to Attention: Louisiana Tech Cheer - P.O. Box 3174, Ruston, LA 71272, or you can hand deliver it to Wylly Tower 227. Do not email it.**

Your packet is not complete without the following:

- *Application accurately filled out
- *\$40.00 application fee (check or money order). If you choose to pay your fee with a check or money order, please make it payable to Louisiana Tech Foundation.
- *Proof of insurance
- A recent picture
- Physician release form signed by a physician or a physical.
- A copy of your unofficial transcript (from the registrar)
- Letter of recommendation from your previous coach
- If you are a freshman or first-time Tech student, you also need to provide proof of acceptance/enrollment. As a freshman, your ACT scores will be used as an indicator of academic ability. If you are a current Tech student or a transfer student, you must have an overall GPA of 2.3.

**Information returning members must turn in.*

2. Tryouts will be held in the gym of the Lambright Intramural Center.
Friday, April 25, 2025 – 5 p.m. – until
Saturday, April 26, 2025 – 8 a.m. – noon & 1 p.m. – until
Sunday, April 27, 2025 – 8 a.m. – until
3. A physical fitness assessment will be conducted at the start of tryouts, and you will be expected to maintain an optimal fitness level throughout the year. Our program at Louisiana Tech does not have a weight or height restriction. The typical size range and height does fluctuate from year to year. Cheerleading (and stunting) is an intense activity with high impact on joints. Our program stresses physical fitness for safety for both girls and guys. As long as you are adaptable to stunt with several partners you will be considered. Coed stunt experience is essential.
4. Cheerleading tryouts are closed to the public. No parents, coaches, etc. are allowed to watch tryouts. Tryouts will be conducted in a clinic/judging format. Candidates will be evaluated on tumbling (running and standing), stunting, fight song, cheerleading and crowd leading appeal, and fitness and physical appearance. When choosing the team, we consider if the person is coachable and can easily make corrections as well as gets along well with other members of their team and coaching staff. It is imperative to understand that this is not your old team and the coaches are not your old coaches. Be coachable and adaptable. Being able to learn and try new things is essential to being part of the team. Tryouts are subjective and selections by the coaches and advisors are final. Squad members will be selected based on the above evaluations and how they will work within the Louisiana Tech University Cheerleading program.